US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:04	8.7	5:52	0.5	5:52	1.5	5:11	8:24	
2	Mon	12:06	10.0	12:44	8.8	6:31	0.4	6:33	1.5	5:12	8:24	
3	Tue	12:45	10.0	1:23	8.8	7:10	0.5	7:13	1.5	5:12	8:23	
4	Wed	1:24	9.9	2:02	8.8	7:48	0.5	7:55	1.5	5:13	8:23	
5	Thu	2:04	9.8	2:41	8.8	8:27	0.5	8:36	1.5	5:13	8:23	
6	Fri	2:44	9.8	3:21	8.9	9:08	0.5	9:20	1.4	5:14	8:23	
7	Sat	3:27	9.7	4:03	9.1	9:49	0.5	10:06	1.3	5:15	8:22	
8	Sun	4:13	9.6	4:48	9.4	10:34	0.5	10:57	1.2	5:15	8:22	
9	Mon	5:03	9.5	5:36	9.7	11:22	0.5	11:51	0.9	5:16	8:21	
10	Tue	5:57	9.4	6:27	10.1			12:13	0.5	5:17	8:21	
11	Wed	6:54	9.4	7:20	10.5	12:48	0.6	1:07	0.5	5:18	8:20	
12	Thu	7:54	9.4	8:16	10.9	1:46	0.2	2:02	0.4	5:18	8:20	
13	Fri	8:55	9.5	9:14	11.3	2:46	-0.3	3:00	0.3	5:19	8:19	
14	Sat	9:55	9.7	10:11	11.7	3:45	-0.7	3:58	0.1	5:20	8:19	
15	Sun	10:53	10.0	11:07	11.9	4:42	-1.1	4:54	-0.2	5:21	8:18	
16	Mon	11:49	10.2			5:37	-1.4	5:50	-0.3	5:22	8:17	
17	Tue	12:02	11.9	12:45	10.3	6:31	-1.5	6:44	-0.3	5:23	8:17	
18	Wed	12:58	11.8	1:39	10.3	7:24	-1.4	7:39	-0.2	5:24	8:16	
19	Thu	1:52	11.5	2:33	10.3	8:16	-1.1	8:33	0.0	5:24	8:15	
20	Fri	2:46	11.1	3:25	10.1	9:06	-0.7	9:27	0.3	5:25	8:14	
21	Sat	3:40	10.5	4:18	9.9	9:57	-0.2	10:22	0.6	5:26	8:14	
22	Sun	4:35	9.9	5:11	9.7	10:49	0.3	11:19	0.9	5:27	8:13	
23	Mon	5:32	9.4	6:04	9.6	11:41	0.8			5:28	8:12	
24	Tue	6:29	8.9	6:56	9.4	12:17	1.1	12:34	1.3	5:29	8:11	
25	Wed	7:27	8.6	7:48	9.4	1:15	1.2	1:26	1.6	5:30	8:10	
26	Thu	8:24	8.4	8:40	9.4	2:12	1.2	2:18	1.8	5:31	8:09	
27	Fri	9:20	8.3	9:31	9.5	3:08	1.1	3:10	1.9	5:32	8:08	
28	Sat	10:11	8.4	10:18	9.7	3:59	1.0	3:59	1.8	5:33	8:07	
29	Sun	10:56	8.5	11:01	9.8	4:44	0.8	4:44	1.6	5:34	8:06	
30	Mon	11:37	8.7	11:41	9.9	5:25	0.7	5:26	1.5	5:35	8:05	
31	Tue			12:17	8.8	6:04	0.5	6:07	1.3	5:36	8:04	