

Onset Beach, MA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:59	4.5	8:19	3.9	1:35	-0.3	2:48	-0.2	7:09	4:22	
2	Fri	8:45	4.4	9:06	3.9	2:22	-0.3	3:24	-0.2	7:09	4:23	
3	Sat	9:29	4.2	9:51	3.7	3:07	-0.3	3:56	-0.2	7:09	4:23	
4	Sun	10:12	3.9	10:36	3.6	3:51	-0.2	4:28	-0.1	7:10	4:24	
5	Mon	10:55	3.6	11:21	3.4	4:32	0.0	5:02	-0.1	7:09	4:25	
6	Tue	11:39	3.3			5:14	0.1	5:38	0.1	7:09	4:26	
7	Wed	12:06	3.2	12:22	3.0	5:58	0.3	6:17	0.2	7:09	4:27	
8	Thu	12:51	3.0	1:05	2.8	6:49	0.5	7:02	0.3	7:09	4:28	
9	Fri	1:35	2.9	1:49	2.6	7:54	0.7	7:56	0.4	7:09	4:29	
10	Sat	2:19	2.9	2:36	2.5	9:15	0.7	8:55	0.4	7:09	4:30	
11	Sun	3:07	2.8	3:30	2.5	10:30	0.6	9:55	0.3	7:09	4:31	
12	Mon	4:04	2.9	4:30	2.5	11:26	0.4	10:51	0.1	7:08	4:32	
13	Tue	5:02	3.1	5:27	2.8			12:13	0.2	7:08	4:33	
14	Wed	5:54	3.4	6:17	3.0			12:55	0.0	7:08	4:35	
15	Thu	6:40	3.7	7:04	3.3	12:29	-0.3	1:36	-0.2	7:07	4:36	
16	Fri	7:24	4.0	7:50	3.6	1:15	-0.5	2:17	-0.4	7:07	4:37	
17	Sat	8:09	4.2	8:36	3.9	2:01	-0.6	2:57	-0.5	7:06	4:38	
18	Sun	8:55	4.3	9:23	4.0	2:49	-0.7	3:36	-0.6	7:06	4:39	
19	Mon	9:42	4.3	10:12	4.1	3:37	-0.7	4:15	-0.7	7:05	4:40	
20	Tue	10:31	4.1	11:04	4.1	4:24	-0.6	4:53	-0.6	7:05	4:42	
21	Wed	11:24	3.9	11:58	4.1	5:12	-0.5	5:35	-0.5	7:04	4:43	
22	Thu			12:19	3.7	6:05	-0.2	6:21	-0.3	7:03	4:44	
23	Fri	12:55	4.0	1:17	3.5	7:08	0.1	7:17	-0.1	7:03	4:45	
24	Sat	1:53	3.9	2:16	3.3	8:48	0.3	8:25	0.1	7:02	4:46	
25	Sun	2:54	3.8	3:19	3.2	10:37	0.3	9:47	0.1	7:01	4:48	
26	Mon	4:01	3.8	4:27	3.2	11:43	0.2	11:05	0.1	7:00	4:49	
27	Tue	5:07	3.8	5:31	3.3			12:35	0.1	7:00	4:50	
28	Wed	6:06	4.0	6:27	3.5	12:01	0.0	1:20	0.0	6:59	4:51	
29	Thu	6:57	4.1	7:16	3.7	12:47	-0.1	1:57	-0.1	6:58	4:53	
30	Fri	7:43	4.1	8:01	3.8	1:29	-0.2	2:28	-0.1	6:57	4:54	
31	Sat	8:25	4.0	8:44	3.8	2:10	-0.3	2:56	-0.2	6:56	4:55	