

Onset Beach, MA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:00	3.9	5:54	0.0	6:01	0.1	5:11	8:21	
2	Fri	12:14	4.0	12:51	4.0	6:32	0.0	6:50	0.2	5:12	8:21	
3	Sat	1:07	3.9	1:45	4.1	7:16	0.0	7:48	0.4	5:12	8:20	
4	Sun	2:02	3.8	2:39	4.2	8:07	0.1	9:01	0.5	5:13	8:20	
5	Mon	2:59	3.7	3:36	4.3	9:08	0.2	10:32	0.5	5:14	8:20	
6	Tue	3:59	3.6	4:38	4.4	10:14	0.2	11:56	0.4	5:14	8:20	
7	Wed	5:04	3.6	5:43	4.5	11:20	0.2			5:15	8:19	
8	Thu	6:10	3.7	6:45	4.6	12:58	0.3	12:21	0.1	5:16	8:19	
9	Fri	7:10	3.9	7:41	4.8	1:51	0.2	1:17	0.0	5:16	8:18	
10	Sat	8:05	4.1	8:33	4.8	2:41	0.1	2:09	0.0	5:17	8:18	
11	Sun	8:56	4.2	9:22	4.8	3:28	0.0	3:00	0.0	5:18	8:18	
12	Mon	9:45	4.3	10:09	4.7	4:11	0.0	3:51	0.0	5:18	8:17	
13	Tue	10:33	4.2	10:54	4.4	4:47	0.0	4:39	0.1	5:19	8:16	
14	Wed	11:20	4.1	11:40	4.1	5:19	0.1	5:23	0.3	5:20	8:16	
15	Thu			12:07	4.0	5:52	0.2	6:05	0.4	5:21	8:15	
16	Fri	12:25	3.8	12:54	3.8	6:26	0.3	6:49	0.6	5:22	8:15	
17	Sat	1:10	3.5	1:41	3.6	7:03	0.4	7:39	0.8	5:23	8:14	
18	Sun	1:55	3.2	2:25	3.5	7:46	0.5	8:40	1.0	5:23	8:13	
19	Mon	2:38	3.0	3:09	3.3	8:35	0.6	9:56	1.0	5:24	8:13	
20	Tue	3:23	2.9	3:55	3.3	9:32	0.7	11:10	1.0	5:25	8:12	
21	Wed	4:14	2.8	4:47	3.3	10:31	0.7			5:26	8:11	
22	Thu	5:11	2.8	5:44	3.4	12:08	0.8	11:28 AM	0.6	5:27	8:10	
23	Fri	6:09	3.0	6:36	3.6	12:55	0.7	12:21	0.4	5:28	8:09	
24	Sat	7:01	3.2	7:22	3.8	1:38	0.5	1:09	0.3	5:29	8:08	
25	Sun	7:47	3.5	8:05	4.1	2:19	0.3	1:55	0.1	5:30	8:07	
26	Mon	8:31	3.7	8:48	4.3	2:59	0.1	2:41	0.0	5:31	8:07	
27	Tue	9:16	4.0	9:32	4.4	3:38	0.0	3:28	-0.1	5:32	8:06	
28	Wed	10:01	4.2	10:17	4.4	4:16	-0.2	4:15	-0.2	5:33	8:05	
29	Thu	10:48	4.3	11:05	4.4	4:53	-0.2	5:02	-0.2	5:34	8:03	
30	Fri	11:37	4.4	11:55	4.3	5:30	-0.3	5:49	-0.1	5:35	8:02	
31	Sat			12:30	4.4	6:09	-0.2	6:39	0.1	5:36	8:01	