

Onset Beach, MA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:56	3.7	4:24	3.5	11:26	0.7	11:27	0.6	6:15	4:37	
2	Tue	4:55	3.8	5:19	3.5			12:03	0.6	6:16	4:35	
3	Wed	5:46	3.9	6:06	3.5			12:33	0.5	6:17	4:34	
4	Thu	6:30	4.0	6:48	3.5	12:13	0.4	1:02	0.4	6:18	4:33	
5	Fri	7:09	4.0	7:26	3.6	12:44	0.2	1:35	0.2	6:20	4:32	
6	Sat	7:45	4.0	8:03	3.6	1:19	0.1	2:12	0.2	6:21	4:31	
7	Sun	8:19	4.0	8:39	3.5	1:56	0.1	2:51	0.1	6:22	4:30	
8	Mon	8:52	3.9	9:15	3.4	2:35	0.1	3:29	0.1	6:23	4:29	
9	Tue	9:26	3.8	9:54	3.3	3:14	0.1	4:06	0.2	6:25	4:28	
10	Wed	10:02	3.6	10:35	3.2	3:53	0.2	4:40	0.3	6:26	4:26	
11	Thu	10:43	3.5	11:20	3.1	4:31	0.3	5:15	0.4	6:27	4:25	
12	Fri	11:29	3.4			5:11	0.4	5:52	0.5	6:28	4:25	
13	Sat	12:09	3.1	12:20	3.3	5:56	0.5	6:39	0.6	6:29	4:24	
14	Sun	1:01	3.2	1:14	3.3	6:51	0.6	7:38	0.5	6:31	4:23	
15	Mon	1:54	3.3	2:09	3.4	8:02	0.6	8:46	0.4	6:32	4:22	
16	Tue	2:50	3.6	3:09	3.5	9:22	0.5	9:51	0.2	6:33	4:21	
17	Wed	3:49	3.9	4:13	3.6	10:37	0.2	10:47	0.0	6:34	4:20	
18	Thu	4:51	4.3	5:15	3.8	11:38	0.0	11:38	-0.3	6:35	4:19	
19	Fri	5:49	4.6	6:13	4.0			12:32	-0.3	6:37	4:19	
20	Sat	6:43	5.0	7:07	4.3	12:26	-0.5	1:25	-0.5	6:38	4:18	
21	Sun	7:35	5.2	8:00	4.4	1:15	-0.6	2:18	-0.5	6:39	4:17	
22	Mon	8:27	5.2	8:52	4.4	2:06	-0.7	3:11	-0.5	6:40	4:17	
23	Tue	9:19	5.1	9:44	4.3	2:58	-0.6	4:03	-0.4	6:41	4:16	
24	Wed	10:12	4.8	10:38	4.2	3:49	-0.4	4:51	-0.2	6:43	4:15	
25	Thu	11:06	4.5	11:35	4.0	4:40	-0.1	5:38	0.0	6:44	4:15	
26	Fri			12:02	4.1	5:31	0.2	6:28	0.3	6:45	4:14	
27	Sat	12:32	3.8	12:58	3.8	6:28	0.5	7:33	0.5	6:46	4:14	
28	Sun	1:29	3.6	1:53	3.5	7:57	0.7	8:52	0.6	6:47	4:14	
29	Mon	2:25	3.5	2:48	3.2	9:54	0.8	9:45	0.6	6:48	4:13	
30	Tue	3:23	3.5	3:44	3.1	10:51	0.7	10:23	0.5	6:49	4:13	