

Onset Beach, MA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:37	3.1	12:50	3.1	6:35	0.3	6:58	0.1	7:09	4:22	
2	Mon	1:27	3.2	1:44	3.0	7:36	0.4	7:56	0.1	7:09	4:23	
3	Tue	2:21	3.4	2:41	3.0	8:52	0.3	9:01	0.0	7:10	4:24	
4	Wed	3:20	3.6	3:45	3.1	10:12	0.2	10:07	-0.2	7:10	4:25	
5	Thu	4:25	3.9	4:52	3.3	11:22	0.0	11:09	-0.4	7:09	4:26	
6	Fri	5:28	4.2	5:54	3.6			12:20	-0.3	7:09	4:27	
7	Sat	6:26	4.5	6:51	3.9	12:06	-0.6	1:14	-0.5	7:09	4:28	
8	Sun	7:20	4.8	7:45	4.2	1:01	-0.8	2:07	-0.7	7:09	4:29	
9	Mon	8:12	4.9	8:37	4.4	1:56	-0.8	3:00	-0.7	7:09	4:30	
10	Tue	9:03	4.9	9:29	4.4	2:51	-0.8	3:48	-0.7	7:09	4:31	
11	Wed	9:54	4.7	10:21	4.3	3:45	-0.7	4:32	-0.6	7:08	4:32	
12	Thu	10:46	4.4	11:14	4.1	4:36	-0.5	5:12	-0.5	7:08	4:33	
13	Fri	11:38	4.0			5:25	-0.2	5:51	-0.2	7:08	4:34	
14	Sat	12:09	3.9	12:32	3.7	6:17	0.1	6:34	0.0	7:07	4:35	
15	Sun	1:04	3.7	1:25	3.3	7:23	0.4	7:23	0.2	7:07	4:36	
16	Mon	1:59	3.5	2:19	3.0	9:16	0.6	8:21	0.4	7:06	4:37	
17	Tue	2:55	3.3	3:15	2.8	10:31	0.6	9:24	0.4	7:06	4:39	
18	Wed	3:56	3.2	4:16	2.7	11:22	0.5	10:22	0.4	7:05	4:40	
19	Thu	4:57	3.2	5:14	2.8			12:02	0.4	7:05	4:41	
20	Fri	5:50	3.2	6:05	2.9			12:37	0.3	7:04	4:42	
21	Sat	6:34	3.3	6:48	3.0			1:12	0.2	7:04	4:43	
22	Sun	7:12	3.4	7:27	3.2	12:43	0.0	1:49	0.0	7:03	4:45	
23	Mon	7:47	3.5	8:04	3.3	1:26	-0.2	2:26	-0.1	7:02	4:46	
24	Tue	8:20	3.6	8:40	3.3	2:09	-0.3	3:02	-0.2	7:01	4:47	
25	Wed	8:53	3.6	9:17	3.4	2:50	-0.3	3:35	-0.3	7:01	4:48	
26	Thu	9:29	3.6	9:55	3.4	3:30	-0.3	4:05	-0.3	7:00	4:50	
27	Fri	10:07	3.5	10:35	3.4	4:07	-0.3	4:34	-0.3	6:59	4:51	
28	Sat	10:49	3.4	11:20	3.4	4:45	-0.2	5:05	-0.3	6:58	4:52	
29	Sun	11:35	3.3			5:24	-0.1	5:41	-0.2	6:57	4:53	
30	Mon	12:08	3.4	12:27	3.1	6:10	0.0	6:24	-0.2	6:56	4:55	
31	Tue	1:00	3.4	1:21	3.1	7:06	0.2	7:18	-0.1	6:55	4:56	