

Onset Beach, MA - Jan 2009

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 11:13 | 3.2 | 11:43 | 3.1 | 5:06 | 0.2 | 5:32 | 0.0 | 7:09 | 4:22 | ☾ |
| 2 | Fri | 11:59 | 3.1 | | | 5:47 | 0.3 | 6:07 | 0.0 | 7:09 | 4:23 | ☾ |
| 3 | Sat | 12:29 | 3.2 | 12:48 | 2.9 | 6:35 | 0.4 | 6:51 | 0.1 | 7:09 | 4:24 | ☾ |
| 4 | Sun | 1:18 | 3.3 | 1:41 | 2.9 | 7:38 | 0.5 | 7:45 | 0.1 | 7:09 | 4:25 | ☾ |
| 5 | Mon | 2:11 | 3.4 | 2:38 | 2.8 | 8:59 | 0.5 | 8:48 | 0.0 | 7:09 | 4:26 | ☾ |
| 6 | Tue | 3:11 | 3.6 | 3:43 | 2.9 | 10:27 | 0.3 | 9:55 | -0.1 | 7:09 | 4:27 | ☾ |
| 7 | Wed | 4:18 | 3.8 | 4:51 | 3.1 | 11:38 | 0.1 | 11:00 | -0.3 | 7:09 | 4:28 | ☾ |
| 8 | Thu | 5:24 | 4.1 | 5:54 | 3.4 | | | 12:35 | -0.1 | 7:09 | 4:29 | ☾ |
| 9 | Fri | 6:25 | 4.4 | 6:51 | 3.7 | 12:01 | -0.5 | 1:29 | -0.3 | 7:09 | 4:30 | ☾ |
| 10 | Sat | 7:20 | 4.6 | 7:45 | 4.0 | 12:58 | -0.7 | 2:23 | -0.5 | 7:08 | 4:31 | ☾ |
| 11 | Sun | 8:12 | 4.7 | 8:37 | 4.2 | 1:55 | -0.8 | 3:14 | -0.6 | 7:08 | 4:32 | ☾ |
| 12 | Mon | 9:03 | 4.7 | 9:28 | 4.3 | 2:53 | -0.8 | 3:59 | -0.6 | 7:08 | 4:33 | ☾ |
| 13 | Tue | 9:53 | 4.5 | 10:20 | 4.3 | 3:47 | -0.7 | 4:39 | -0.6 | 7:07 | 4:34 | ☾ |
| 14 | Wed | 10:43 | 4.2 | 11:12 | 4.2 | 4:38 | -0.5 | 5:14 | -0.4 | 7:07 | 4:36 | ☾ |
| 15 | Thu | 11:33 | 3.8 | | | 5:26 | -0.2 | 5:50 | -0.2 | 7:07 | 4:37 | ☾ |
| 16 | Fri | 12:05 | 4.0 | 12:25 | 3.4 | 6:17 | 0.1 | 6:27 | 0.0 | 7:06 | 4:38 | ☾ |
| 17 | Sat | 12:59 | 3.7 | 1:17 | 3.1 | 7:17 | 0.4 | 7:12 | 0.2 | 7:06 | 4:39 | ☾ |
| 18 | Sun | 1:53 | 3.5 | 2:10 | 2.8 | 8:48 | 0.6 | 8:05 | 0.4 | 7:05 | 4:40 | ☾ |
| 19 | Mon | 2:48 | 3.3 | 3:06 | 2.5 | 10:17 | 0.7 | 9:09 | 0.5 | 7:05 | 4:41 | ☾ |
| 20 | Tue | 3:49 | 3.1 | 4:09 | 2.5 | 11:15 | 0.6 | 10:14 | 0.5 | 7:04 | 4:43 | ☾ |
| 21 | Wed | 4:53 | 3.1 | 5:12 | 2.5 | 11:58 | 0.6 | 11:12 | 0.4 | 7:03 | 4:44 | ☾ |
| 22 | Thu | 5:49 | 3.1 | 6:04 | 2.7 | | | 12:36 | 0.4 | 7:03 | 4:45 | ☾ |
| 23 | Fri | 6:35 | 3.2 | 6:48 | 2.8 | 12:02 | 0.3 | 1:12 | 0.3 | 7:02 | 4:46 | ☾ |
| 24 | Sat | 7:14 | 3.4 | 7:27 | 3.0 | 12:48 | 0.1 | 1:50 | 0.1 | 7:01 | 4:48 | ☾ |
| 25 | Sun | 7:49 | 3.5 | 8:03 | 3.1 | 1:31 | -0.1 | 2:27 | 0.0 | 7:00 | 4:49 | ☾ |
| 26 | Mon | 8:22 | 3.5 | 8:38 | 3.2 | 2:14 | -0.2 | 3:02 | -0.2 | 6:59 | 4:50 | ☾ |
| 27 | Tue | 8:55 | 3.6 | 9:14 | 3.3 | 2:56 | -0.2 | 3:34 | -0.3 | 6:59 | 4:51 | ☾ |
| 28 | Wed | 9:29 | 3.5 | 9:50 | 3.3 | 3:35 | -0.2 | 4:02 | -0.3 | 6:58 | 4:53 | ☾ |
| 29 | Thu | 10:06 | 3.4 | 10:29 | 3.4 | 4:11 | -0.2 | 4:30 | -0.3 | 6:57 | 4:54 | ☾ |
| 30 | Fri | 10:47 | 3.3 | 11:11 | 3.4 | 4:47 | -0.1 | 5:00 | -0.3 | 6:56 | 4:55 | ☾ |
| 31 | Sat | 11:33 | 3.1 | 11:58 | 3.4 | 5:25 | 0.0 | 5:34 | -0.3 | 6:55 | 4:56 | ☾ |