US HARBORS www.USHarbors.com

Onset Beach, MA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:34	4.3	6:00	3.6			12:40	-0.2	7:09	4:22	
2	Wed	6:32	4.5	6:56	3.8	12:10	-0.4	1:32	-0.3	7:09	4:23	
3	Thu	7:26	4.7	7:48	4.0	1:05	-0.5	2:23	-0.4	7:09	4:24	
4	Fri	8:16	4.7	8:38	4.1	1:58	-0.5	3:10	-0.4	7:09	4:25	
5	Sat	9:05	4.6	9:27	4.1	2:51	-0.5	3:51	-0.4	7:09	4:26	
6	Sun	9:52	4.3	10:16	4.0	3:41	-0.4	4:25	-0.4	7:09	4:27	
7	Mon	10:39	4.0	11:06	3.8	4:26	-0.3	4:58	-0.2	7:09	4:28	
8	Tue	11:27	3.7	11:55	3.6	5:09	0.0	5:31	-0.1	7:09	4:29	
9	Wed			12:15	3.3	5:53	0.2	6:08	0.1	7:09	4:30	
10	Thu	12:45	3.4	1:02	3.0	6:43	0.5	6:50	0.2	7:08	4:31	
11	Fri	1:34	3.2	1:50	2.7	7:48	0.7	7:41	0.4	7:08	4:32	
12	Sat	2:23	3.0	2:39	2.5	9:15	0.7	8:39	0.4	7:08	4:33	
13	Sun	3:15	2.9	3:34	2.4	10:31	0.7	9:42	0.4	7:07	4:34	
14	Mon	4:15	2.9	4:34	2.4	11:25	0.6	10:41	0.3	7:07	4:35	
15	Tue	5:13	3.0	5:30	2.6			12:11	0.4	7:07	4:37	
16	Wed	6:01	3.1	6:17	2.8			12:52	0.2	7:06	4:38	
17	Thu	6:41	3.3	6:59	3.0	12:21	0.0	1:33	0.0	7:06	4:39	
18	Fri	7:18	3.5	7:38	3.2	1:06	-0.2	2:12	-0.1	7:05	4:40	
19	Sat	7:55	3.7	8:19	3.4	1:49	-0.3	2:48	-0.3	7:05	4:41	
20	Sun	8:34	3.8	9:00	3.6	2:32	-0.4	3:22	-0.4	7:04	4:43	
21	Mon	9:15	3.9	9:42	3.7	3:15	-0.5	3:53	-0.5	7:03	4:44	
22	Tue	9:58	3.8	10:28	3.8	3:57	-0.5	4:25	-0.5	7:03	4:45	
23	Wed	10:45	3.7	11:17	3.8	4:39	-0.4	5:00	-0.5	7:02	4:46	
24	Thu	11:35	3.5			5:24	-0.3	5:39	-0.4	7:01	4:47	
25	Fri	12:09	3.8	12:30	3.3	6:14	-0.1	6:25	-0.3	7:00	4:49	
26	Sat	1:04	3.8	1:27	3.2	7:17	0.2	7:21	-0.1	6:59	4:50	
27	Sun	2:02	3.8	2:27	3.1	8:45	0.3	8:30	0.0	6:59	4:51	
28	Mon	3:06	3.7	3:33	3.1	10:39	0.3	9:49	0.0	6:58	4:52	
29	Tue	4:14	3.8	4:43	3.2	11:49	0.1	11:07	-0.1	6:57	4:54	
30	Wed	5:22	4.0	5:47	3.4			12:42	0.0	6:56	4:55	
31	Thu	6:21	4.2	6:43	3.7	12:11	-0.2	1:29	-0.2	6:55	4:56	