

































Onset Beach, MA - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:06	4.1	6:35	3.4			1:09	-0.2	7:09	4:23	
2	Mon	7:01	4.4	7:28	3.7	12:39	-0.6	2:02	-0.4	7:09	4:23	
3	Tue	7:54	4.7	8:20	4.0	1:34	-0.7	2:55	-0.5	7:09	4:24	
4	Wed	8:46	4.7	9:12	4.1	2:30	-0.8	3:45	-0.6	7:09	4:25	
5	Thu	9:37	4.6	10:05	4.2	3:27	-0.8	4:30	-0.6	7:09	4:26	
6	Fri	10:29	4.4	10:59	4.2	4:21	-0.6	5:12	-0.5	7:09	4:27	
7	Sat	11:22	4.1	11:54	4.1	5:14	-0.4	5:52	-0.4	7:09	4:28	
8	Sun			12:16	3.7	6:09	-0.1	6:35	-0.1	7:09	4:29	
9	Mon	12:50	4.0	1:10	3.4	7:17	0.3	7:23	0.1	7:09	4:30	
10	Tue	1:46	3.8	2:05	3.0	9:02	0.5	8:20	0.3	7:08	4:31	
11	Wed	2:43	3.6	3:03	2.8	10:27	0.5	9:22	0.4	7:08	4:32	
12	Thu	3:44	3.4	4:06	2.7	11:27	0.5	10:23	0.4	7:08	4:34	
13	Fri	4:48	3.4	5:10	2.7			12:13	0.5	7:07	4:35	
14	Sat	5:47	3.4	6:05	2.8			12:50	0.4	7:07	4:36	
15	Sun	6:36	3.4	6:51	2.9	12:01	0.3	1:23	0.3	7:06	4:37	
16	Mon	7:19	3.5	7:33	3.0	12:45	0.2	1:57	0.2	7:06	4:38	
17	Tue	7:57	3.6	8:11	3.1	1:28	0.0	2:32	0.1	7:05	4:39	
18	Wed	8:32	3.6	8:47	3.2	2:12	-0.1	3:08	0.0	7:05	4:41	
19	Thu	9:05	3.5	9:23	3.2	2:55	-0.1	3:41	-0.1	7:04	4:42	
20	Fri	9:38	3.4	9:58	3.2	3:36	-0.1	4:11	-0.1	7:04	4:43	
21	Sat	10:11	3.3	10:34	3.1	4:13	-0.1	4:39	-0.1	7:03	4:44	
22	Sun	10:48	3.1	11:12	3.1	4:49	0.0	5:07	-0.1	7:02	4:45	
23	Mon	11:28	3.0	11:54	3.1	5:26	0.1	5:37	-0.1	7:02	4:47	
24	Tue			12:14	2.8	6:06	0.3	6:14	0.0	7:01	4:48	
25	Wed	12:40	3.2	1:04	2.7	6:55	0.4	6:59	0.0	7:00	4:49	
26	Thu	1:30	3.2	1:59	2.6	8:03	0.5	7:58	0.1	6:59	4:50	
27	Fri	2:26	3.3	3:00	2.6	9:34	0.5	9:07	0.0	6:58	4:52	
28	Sat	3:32	3.4	4:09	2.8	11:04	0.3	10:19	-0.1	6:57	4:53	
29	Sun	4:44	3.6	5:18	3.1			12:07	0.1	6:56	4:54	
30	Mon	5:50	4.0	6:18	3.5			1:00	-0.2	6:55	4:55	
31	Tue	6:48	4.3	7:13	3.9	12:29	-0.6	1:51	-0.4	6:54	4:57	