

## Penikese Island, MA - Jul 1970

| Date |     | High  |     |       |     | Low   |      |          |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM       | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 6:47  | 3.1 | 7:16  | 4.0 | 1:05  | 0.3  | 11:54 AM | 0.4  | 5:13                                                                                | 8:21 |    |
| 2    | Thu | 7:36  | 3.2 | 8:02  | 3.9 | 1:45  | 0.3  | 12:38    | 0.4  | 5:14                                                                                | 8:21 |    |
| 3    | Fri | 8:21  | 3.3 | 8:46  | 3.9 | 2:20  | 0.3  | 1:24     | 0.3  | 5:14                                                                                | 8:20 |    |
| 4    | Sat | 9:04  | 3.3 | 9:28  | 3.7 | 2:53  | 0.3  | 2:09     | 0.3  | 5:15                                                                                | 8:20 |    |
| 5    | Sun | 9:46  | 3.3 | 10:08 | 3.6 | 3:26  | 0.4  | 2:54     | 0.3  | 5:15                                                                                | 8:20 |    |
| 6    | Mon | 10:27 | 3.3 | 10:47 | 3.4 | 3:58  | 0.4  | 3:38     | 0.4  | 5:16                                                                                | 8:20 |    |
| 7    | Tue | 11:08 | 3.3 | 11:23 | 3.2 | 4:31  | 0.4  | 4:21     | 0.5  | 5:17                                                                                | 8:19 |    |
| 8    | Wed | 11:48 | 3.2 | 11:59 | 3.1 | 5:03  | 0.5  | 5:04     | 0.6  | 5:17                                                                                | 8:19 |    |
| 9    | Thu |       |     | 12:28 | 3.2 | 5:35  | 0.5  | 5:51     | 0.8  | 5:18                                                                                | 8:19 |    |
| 10   | Fri | 12:36 | 2.9 | 1:09  | 3.2 | 6:09  | 0.6  | 6:44     | 0.9  | 5:19                                                                                | 8:18 |   |
| 11   | Sat | 1:16  | 2.8 | 1:52  | 3.2 | 6:48  | 0.6  | 7:54     | 1.0  | 5:19                                                                                | 8:18 |  |
| 12   | Sun | 2:03  | 2.7 | 2:40  | 3.3 | 7:37  | 0.6  | 9:11     | 0.9  | 5:20                                                                                | 8:17 |  |
| 13   | Mon | 2:58  | 2.7 | 3:36  | 3.4 | 8:35  | 0.6  | 10:17    | 0.8  | 5:21                                                                                | 8:17 |  |
| 14   | Tue | 4:01  | 2.8 | 4:37  | 3.5 | 9:36  | 0.5  | 11:15    | 0.6  | 5:22                                                                                | 8:16 |  |
| 15   | Wed | 5:05  | 2.9 | 5:39  | 3.8 | 10:35 | 0.3  |          |      | 5:22                                                                                | 8:16 |  |
| 16   | Thu | 6:06  | 3.2 | 6:37  | 4.1 | 12:09 | 0.3  | 11:32 AM | 0.1  | 5:23                                                                                | 8:15 |  |
| 17   | Fri | 7:02  | 3.5 | 7:31  | 4.4 | 1:01  | 0.1  | 12:29    | -0.1 | 5:24                                                                                | 8:15 |  |
| 18   | Sat | 7:54  | 3.8 | 8:22  | 4.6 | 1:52  | -0.1 | 1:25     | -0.2 | 5:25                                                                                | 8:14 |  |
| 19   | Sun | 8:46  | 4.0 | 9:13  | 4.7 | 2:41  | -0.2 | 2:21     | -0.3 | 5:26                                                                                | 8:13 |  |
| 20   | Mon | 9:37  | 4.2 | 10:04 | 4.6 | 3:27  | -0.3 | 3:17     | -0.3 | 5:27                                                                                | 8:12 |  |
| 21   | Tue | 10:30 | 4.3 | 10:55 | 4.4 | 4:10  | -0.3 | 4:14     | -0.2 | 5:27                                                                                | 8:12 |  |
| 22   | Wed | 11:23 | 4.3 | 11:47 | 4.1 | 4:52  | -0.3 | 5:13     | 0.0  | 5:28                                                                                | 8:11 |  |
| 23   | Thu |       |     | 12:17 | 4.3 | 5:34  | -0.1 | 6:22     | 0.2  | 5:29                                                                                | 8:10 |  |
| 24   | Fri | 12:40 | 3.8 | 1:12  | 4.2 | 6:17  | 0.0  | 7:47     | 0.4  | 5:30                                                                                | 8:09 |  |
| 25   | Sat | 1:34  | 3.5 | 2:08  | 4.0 | 7:05  | 0.2  | 9:10     | 0.5  | 5:31                                                                                | 8:08 |  |
| 26   | Sun | 2:31  | 3.2 | 3:07  | 3.8 | 7:59  | 0.4  | 10:19    | 0.6  | 5:32                                                                                | 8:07 |  |
| 27   | Mon | 3:31  | 3.0 | 4:09  | 3.7 | 9:00  | 0.6  | 11:16    | 0.6  | 5:33                                                                                | 8:06 |  |
| 28   | Tue | 4:33  | 2.9 | 5:11  | 3.6 | 9:58  | 0.7  |          |      | 5:34                                                                                | 8:05 |  |
| 29   | Wed | 5:33  | 2.9 | 6:09  | 3.7 | 12:06 | 0.6  | 10:51 AM | 0.7  | 5:35                                                                                | 8:04 |  |
| 30   | Thu | 6:27  | 3.1 | 7:00  | 3.7 | 12:48 | 0.5  | 11:40 AM | 0.6  | 5:36                                                                                | 8:03 |  |

| Date |     | High |     |      |     | Low  |     |       |     |  |      |   |
|------|-----|------|-----|------|-----|------|-----|-------|-----|------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM   | ft  | PM   | ft  | AM   | ft  | PM    | ft  | Rise                                                                               | Set  | Moon                                                                                |
| 31   | Fri | 7:14 | 3.2 | 7:45 | 3.7 | 1:24 | 0.5 | 12:26 | 0.5 | 5:37                                                                               | 8:02 |  |