

## Penikese Island, MA - Mar 1976

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Mon | 7:59  | 3.5 | 8:13  | 3.6 | 1:14  | -0.3 | 1:25  | -0.2 | 6:17                                                                                | 5:34 |    |
| 2    | Tue | 8:36  | 3.4 | 8:50  | 3.5 | 1:49  | -0.3 | 1:55  | -0.2 | 6:15                                                                                | 5:35 |    |
| 3    | Wed | 9:12  | 3.2 | 9:25  | 3.4 | 2:26  | -0.2 | 2:27  | -0.2 | 6:14                                                                                | 5:36 |    |
| 4    | Thu | 9:48  | 3.0 | 10:00 | 3.2 | 3:02  | -0.1 | 2:59  | -0.1 | 6:12                                                                                | 5:37 |    |
| 5    | Fri | 10:25 | 2.9 | 10:36 | 3.0 | 3:37  | 0.1  | 3:32  | 0.0  | 6:11                                                                                | 5:39 |    |
| 6    | Sat | 11:04 | 2.7 | 11:14 | 2.9 | 4:13  | 0.3  | 4:07  | 0.2  | 6:09                                                                                | 5:40 |    |
| 7    | Sun | 11:47 | 2.6 | 11:58 | 2.8 | 4:53  | 0.5  | 4:48  | 0.3  | 6:07                                                                                | 5:41 |    |
| 8    | Mon |       |     | 12:37 | 2.5 | 5:46  | 0.6  | 5:39  | 0.5  | 6:06                                                                                | 5:42 |    |
| 9    | Tue | 12:52 | 2.7 | 1:33  | 2.6 | 7:24  | 0.7  | 6:51  | 0.5  | 6:04                                                                                | 5:43 |    |
| 10   | Wed | 1:55  | 2.7 | 2:36  | 2.7 | 8:52  | 0.6  | 8:17  | 0.4  | 6:03                                                                                | 5:44 |    |
| 11   | Thu | 3:04  | 2.9 | 3:39  | 2.9 | 9:49  | 0.3  | 9:30  | 0.2  | 6:01                                                                                | 5:45 |    |
| 12   | Fri | 4:09  | 3.2 | 4:38  | 3.3 | 10:37 | 0.1  | 10:30 | -0.2 | 5:59                                                                                | 5:47 |   |
| 13   | Sat | 5:07  | 3.5 | 5:32  | 3.8 | 11:20 | -0.2 | 11:25 | -0.5 | 5:58                                                                                | 5:48 |  |
| 14   | Sun | 5:59  | 3.9 | 6:23  | 4.2 |       |      | 12:02 | -0.5 | 5:56                                                                                | 5:49 |  |
| 15   | Mon | 6:49  | 4.1 | 7:12  | 4.5 | 12:17 | -0.7 | 12:43 | -0.7 | 5:54                                                                                | 5:50 |  |
| 16   | Tue | 7:38  | 4.2 | 8:02  | 4.7 | 1:08  | -0.9 | 1:23  | -0.8 | 5:53                                                                                | 5:51 |  |
| 17   | Wed | 8:27  | 4.2 | 8:52  | 4.7 | 1:59  | -0.9 | 2:05  | -0.8 | 5:51                                                                                | 5:52 |  |
| 18   | Thu | 9:18  | 4.1 | 9:43  | 4.6 | 2:49  | -0.8 | 2:46  | -0.7 | 5:49                                                                                | 5:53 |  |
| 19   | Fri | 10:10 | 3.9 | 10:37 | 4.3 | 3:41  | -0.6 | 3:30  | -0.5 | 5:47                                                                                | 5:54 |  |
| 20   | Sat | 11:05 | 3.6 | 11:33 | 4.0 | 4:38  | -0.3 | 4:17  | -0.2 | 5:46                                                                                | 5:55 |  |
| 21   | Sun |       |     | 12:01 | 3.4 | 5:50  | 0.0  | 5:13  | 0.2  | 5:44                                                                                | 5:57 |  |
| 22   | Mon | 12:32 | 3.7 | 1:01  | 3.2 | 7:23  | 0.2  | 6:37  | 0.4  | 5:42                                                                                | 5:58 |  |
| 23   | Tue | 1:34  | 3.4 | 2:02  | 3.1 | 8:40  | 0.3  | 8:42  | 0.5  | 5:41                                                                                | 5:59 |  |
| 24   | Wed | 2:39  | 3.2 | 3:06  | 3.1 | 9:39  | 0.3  | 9:51  | 0.5  | 5:39                                                                                | 6:00 |  |
| 25   | Thu | 3:43  | 3.2 | 4:06  | 3.2 | 10:25 | 0.3  | 10:39 | 0.4  | 5:37                                                                                | 6:01 |  |
| 26   | Fri | 4:40  | 3.2 | 5:00  | 3.3 | 10:59 | 0.3  | 11:15 | 0.2  | 5:36                                                                                | 6:02 |  |
| 27   | Sat | 5:30  | 3.3 | 5:47  | 3.5 | 11:25 | 0.2  | 11:47 | 0.1  | 5:34                                                                                | 6:03 |  |
| 28   | Sun | 6:14  | 3.4 | 6:29  | 3.6 | 11:50 | 0.1  |       |      | 5:32                                                                                | 6:04 |  |
| 29   | Mon | 6:53  | 3.4 | 7:08  | 3.7 | 12:20 | 0.0  | 12:18 | 0.0  | 5:31                                                                                | 6:05 |  |
| 30   | Tue | 7:31  | 3.4 | 7:45  | 3.7 | 12:55 | -0.1 | 12:50 | -0.1 | 5:29                                                                                | 6:06 |  |
| 31   | Wed | 8:06  | 3.3 | 8:20  | 3.7 | 1:31  | -0.1 | 1:22  | -0.1 | 5:27                                                                                | 6:07 |  |