

Penikese Island, MA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:20	3.8	11:37	3.9	4:38	0.1	4:34	0.2	5:13	8:21	
2	Fri			12:11	3.8	5:16	0.1	5:27	0.3	5:14	8:21	
3	Sat	12:29	3.7	1:04	3.9	5:59	0.1	6:32	0.4	5:14	8:20	
4	Sun	1:24	3.6	1:59	4.0	6:52	0.2	8:01	0.5	5:15	8:20	
5	Mon	2:21	3.5	2:59	4.0	7:56	0.2	9:34	0.4	5:16	8:20	
6	Tue	3:23	3.4	4:01	4.1	9:05	0.2	10:43	0.3	5:16	8:20	
7	Wed	4:27	3.4	5:04	4.3	10:09	0.1	11:42	0.2	5:17	8:19	
8	Thu	5:30	3.5	6:04	4.4	11:07	0.0			5:18	8:19	
9	Fri	6:28	3.7	7:00	4.5	12:36	0.0	12:01	0.0	5:18	8:19	
10	Sat	7:23	3.9	7:51	4.6	1:26	-0.1	12:53	-0.1	5:19	8:18	
11	Sun	8:13	4.0	8:40	4.5	2:11	-0.1	1:43	-0.1	5:20	8:18	
12	Mon	9:02	4.0	9:28	4.4	2:51	-0.1	2:30	0.0	5:20	8:17	
13	Tue	9:50	4.0	10:14	4.2	3:27	-0.1	3:16	0.1	5:21	8:17	
14	Wed	10:37	3.9	11:00	3.9	4:01	0.0	3:59	0.2	5:22	8:16	
15	Thu	11:24	3.7	11:45	3.6	4:33	0.1	4:44	0.4	5:23	8:15	
16	Fri			12:10	3.6	5:07	0.3	5:30	0.6	5:24	8:15	
17	Sat	12:29	3.3	12:56	3.4	5:43	0.4	6:24	0.8	5:24	8:14	
18	Sun	1:13	3.1	1:41	3.3	6:24	0.5	7:30	0.9	5:25	8:13	
19	Mon	1:58	2.8	2:29	3.2	7:13	0.6	8:45	1.0	5:26	8:13	
20	Tue	2:46	2.7	3:19	3.1	8:10	0.7	9:50	0.9	5:27	8:12	
21	Wed	3:38	2.7	4:14	3.1	9:11	0.7	10:44	0.8	5:28	8:11	
22	Thu	4:34	2.7	5:09	3.2	10:08	0.6	11:33	0.7	5:29	8:10	
23	Fri	5:28	2.9	5:59	3.4	11:00	0.5			5:30	8:10	
24	Sat	6:19	3.1	6:45	3.6	12:19	0.5	11:48 AM	0.3	5:31	8:09	
25	Sun	7:06	3.4	7:28	3.9	1:03	0.3	12:35	0.2	5:32	8:08	
26	Mon	7:51	3.6	8:11	4.1	1:45	0.2	1:21	0.0	5:33	8:07	
27	Tue	8:36	3.8	8:55	4.2	2:24	0.0	2:06	-0.1	5:33	8:06	
28	Wed	9:21	4.0	9:41	4.2	3:02	-0.1	2:52	-0.1	5:34	8:05	
29	Thu	10:09	4.1	10:29	4.2	3:37	-0.1	3:39	-0.1	5:35	8:04	
30	Fri	10:59	4.2	11:19	4.0	4:13	-0.1	4:28	0.0	5:36	8:03	
31	Sat	11:50	4.2			4:51	-0.1	5:22	0.2	5:37	8:02	