

Penikese Island, MA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:11	3.4	3:42	3.3	9:55	0.6	10:03	0.5	6:15	4:38	
2	Tue	4:08	3.5	4:35	3.3	10:34	0.5	10:29	0.4	6:16	4:37	
3	Wed	4:59	3.6	5:22	3.4	11:07	0.4	10:55	0.3	6:18	4:36	
4	Thu	5:44	3.7	6:04	3.4	11:40	0.3	11:25	0.2	6:19	4:35	
5	Fri	6:25	3.8	6:43	3.4			12:14	0.2	6:20	4:34	
6	Sat	7:03	3.8	7:20	3.4			12:51	0.2	6:21	4:32	
7	Sun	7:39	3.8	7:56	3.4	12:34	0.0	1:28	0.2	6:23	4:31	
8	Mon	8:14	3.7	8:33	3.3	1:10	0.0	2:04	0.2	6:24	4:30	
9	Tue	8:49	3.5	9:11	3.2	1:46	0.1	2:40	0.3	6:25	4:29	
10	Wed	9:26	3.4	9:52	3.1	2:22	0.2	3:15	0.4	6:26	4:28	
11	Thu	10:06	3.3	10:37	3.0	2:58	0.3	3:49	0.6	6:27	4:27	
12	Fri	10:51	3.2	11:25	3.0	3:37	0.4	4:28	0.6	6:29	4:26	
13	Sat	11:41	3.2			4:22	0.5	5:19	0.7	6:30	4:25	
14	Sun	12:17	3.0	12:36	3.2	5:19	0.6	6:34	0.7	6:31	4:24	
15	Mon	1:13	3.1	1:35	3.2	6:38	0.6	7:54	0.5	6:32	4:24	
16	Tue	2:12	3.3	2:37	3.3	8:12	0.4	8:52	0.3	6:33	4:23	
17	Wed	3:13	3.6	3:40	3.5	9:25	0.2	9:41	0.0	6:35	4:22	
18	Thu	4:13	4.0	4:39	3.7	10:25	-0.1	10:27	-0.3	6:36	4:21	
19	Fri	5:10	4.4	5:35	3.9	11:20	-0.3	11:14	-0.5	6:37	4:20	
20	Sat	6:04	4.7	6:28	4.1			12:13	-0.5	6:38	4:20	
21	Sun	6:56	4.9	7:20	4.2	12:02	-0.7	1:05	-0.6	6:39	4:19	
22	Mon	7:48	4.9	8:11	4.2	12:50	-0.7	1:56	-0.6	6:40	4:18	
23	Tue	8:40	4.8	9:04	4.1	1:39	-0.6	2:47	-0.5	6:42	4:18	
24	Wed	9:33	4.5	9:57	3.9	2:28	-0.5	3:38	-0.3	6:43	4:17	
25	Thu	10:27	4.2	10:51	3.7	3:18	-0.2	4:31	0.0	6:44	4:17	
26	Fri	11:21	3.9	11:47	3.5	4:12	0.1	5:30	0.2	6:45	4:16	
27	Sat			12:17	3.5	5:16	0.4	6:38	0.4	6:46	4:16	
28	Sun	12:43	3.3	1:12	3.2	6:54	0.6	7:42	0.5	6:47	4:15	
29	Mon	1:40	3.2	2:09	3.0	8:24	0.6	8:30	0.5	6:48	4:15	
30	Tue	2:38	3.2	3:06	2.9	9:20	0.6	9:06	0.5	6:49	4:15	