

Penikese Island, MA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:34	3.1	6:06	3.8	10:57	0.5			5:13	8:21	
2	Sun	6:25	3.2	6:54	3.8	12:29	0.4	11:36 AM	0.4	5:14	8:21	
3	Mon	7:12	3.3	7:38	3.8	1:03	0.4	12:17	0.4	5:14	8:20	
4	Tue	7:55	3.3	8:18	3.8	1:38	0.3	1:00	0.3	5:15	8:20	
5	Wed	8:36	3.4	8:57	3.7	2:13	0.3	1:43	0.2	5:15	8:20	
6	Thu	9:15	3.4	9:33	3.7	2:50	0.3	2:26	0.2	5:16	8:20	
7	Fri	9:54	3.4	10:09	3.5	3:25	0.3	3:08	0.3	5:17	8:19	
8	Sat	10:34	3.3	10:45	3.4	4:00	0.3	3:48	0.4	5:17	8:19	
9	Sun	11:13	3.3	11:23	3.3	4:32	0.4	4:27	0.5	5:18	8:19	
10	Mon	11:54	3.3			5:02	0.4	5:07	0.6	5:19	8:18	
11	Tue	12:03	3.2	12:37	3.3	5:35	0.5	5:52	0.7	5:19	8:18	
12	Wed	12:48	3.2	1:24	3.3	6:13	0.5	6:50	0.8	5:20	8:17	
13	Thu	1:38	3.1	2:15	3.4	7:03	0.5	8:09	0.7	5:21	8:17	
14	Fri	2:34	3.1	3:12	3.6	8:05	0.4	9:33	0.6	5:22	8:16	
15	Sat	3:36	3.2	4:13	3.8	9:12	0.3	10:40	0.4	5:22	8:16	
16	Sun	4:40	3.3	5:16	4.1	10:16	0.1	11:39	0.1	5:23	8:15	
17	Mon	5:43	3.5	6:16	4.4	11:15	-0.1			5:24	8:14	
18	Tue	6:42	3.8	7:12	4.7	12:34	-0.1	12:13	-0.3	5:25	8:14	
19	Wed	7:37	4.1	8:05	4.9	1:27	-0.3	1:10	-0.4	5:26	8:13	
20	Thu	8:30	4.4	8:57	4.9	2:19	-0.4	2:06	-0.5	5:27	8:12	
21	Fri	9:23	4.5	9:49	4.8	3:08	-0.5	3:03	-0.4	5:28	8:12	
22	Sat	10:15	4.5	10:41	4.6	3:54	-0.5	3:58	-0.3	5:28	8:11	
23	Sun	11:08	4.4	11:33	4.3	4:39	-0.3	4:55	-0.1	5:29	8:10	
24	Mon			12:02	4.3	5:23	-0.2	5:57	0.2	5:30	8:09	
25	Tue	12:26	4.0	12:56	4.1	6:07	0.1	7:13	0.4	5:31	8:08	
26	Wed	1:19	3.7	1:51	3.9	6:55	0.3	8:36	0.6	5:32	8:07	
27	Thu	2:13	3.4	2:47	3.7	7:47	0.5	9:44	0.7	5:33	8:06	
28	Fri	3:09	3.1	3:45	3.5	8:43	0.6	10:38	0.7	5:34	8:05	
29	Sat	4:07	3.0	4:45	3.5	9:36	0.7	11:22	0.7	5:35	8:04	
30	Sun	5:04	3.0	5:41	3.5	10:25	0.6			5:36	8:03	
31	Mon	5:57	3.1	6:30	3.6	12:00	0.6	11:12 AM	0.6	5:37	8:02	