

Penikese Island, MA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:48	4.0	7:07	3.5			1:05	-0.3	7:09	4:24	
2	Wed	7:33	4.0	7:52	3.5	12:25	-0.3	1:39	-0.3	7:10	4:25	
3	Thu	8:17	3.8	8:35	3.4	1:05	-0.3	2:12	-0.2	7:10	4:25	
4	Fri	9:01	3.6	9:19	3.3	1:45	-0.3	2:44	-0.1	7:10	4:26	
5	Sat	9:43	3.4	10:02	3.1	2:26	-0.2	3:17	0.0	7:10	4:27	
6	Sun	10:25	3.1	10:45	3.0	3:08	-0.1	3:52	0.2	7:10	4:28	
7	Mon	11:06	2.9	11:28	2.8	3:51	0.1	4:29	0.3	7:09	4:29	
8	Tue	11:47	2.7			4:38	0.3	5:10	0.4	7:09	4:30	
9	Wed	12:12	2.7	12:29	2.5	5:32	0.5	6:00	0.5	7:09	4:31	
10	Thu	12:58	2.7	1:15	2.4	6:42	0.6	7:01	0.5	7:09	4:32	
11	Fri	1:48	2.6	2:07	2.4	8:04	0.6	8:05	0.4	7:09	4:33	
12	Sat	2:43	2.7	3:05	2.5	9:11	0.5	9:02	0.3	7:08	4:34	
13	Sun	3:41	2.9	4:03	2.6	10:05	0.3	9:52	0.1	7:08	4:35	
14	Mon	4:36	3.2	4:57	2.9	10:55	0.0	10:39	-0.1	7:08	4:36	
15	Tue	5:27	3.5	5:48	3.2	11:41	-0.2	11:26	-0.4	7:07	4:38	
16	Wed	6:15	3.8	6:36	3.5			12:27	-0.4	7:07	4:39	
17	Thu	7:03	4.0	7:24	3.7	12:12	-0.6	1:11	-0.6	7:06	4:40	
18	Fri	7:51	4.2	8:12	3.8	12:59	-0.7	1:55	-0.6	7:06	4:41	
19	Sat	8:40	4.3	9:02	3.9	1:46	-0.8	2:38	-0.7	7:05	4:42	
20	Sun	9:30	4.2	9:54	3.9	2:35	-0.8	3:20	-0.6	7:05	4:43	
21	Mon	10:22	4.0	10:48	3.8	3:26	-0.6	4:04	-0.5	7:04	4:45	
22	Tue	11:16	3.8	11:44	3.7	4:22	-0.4	4:52	-0.3	7:04	4:46	
23	Wed			12:12	3.5	5:33	-0.1	5:47	-0.1	7:03	4:47	
24	Thu	12:42	3.6	1:10	3.2	7:17	0.1	6:56	0.0	7:02	4:48	
25	Fri	1:42	3.5	2:11	3.1	8:46	0.1	8:13	0.1	7:01	4:49	
26	Sat	2:46	3.4	3:14	3.0	9:52	0.0	9:17	0.1	7:01	4:51	
27	Sun	3:51	3.4	4:15	3.0	10:48	0.0	10:08	0.1	7:00	4:52	
28	Mon	4:51	3.5	5:12	3.1	11:35	-0.1	10:52	0.0	6:59	4:53	
29	Tue	5:44	3.6	6:02	3.3			12:15	-0.1	6:58	4:54	
30	Wed	6:32	3.7	6:48	3.4			12:48	-0.2	6:57	4:56	
31	Thu	7:16	3.7	7:30	3.4	12:11	-0.2	1:17	-0.2	6:56	4:57	