

Penikese Island, MA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:11	2.7	3:45	3.4	8:41	0.7	10:12	0.8	5:13	8:21	
2	Mon	4:05	2.6	4:41	3.3	9:29	0.7	10:59	0.8	5:14	8:21	
3	Tue	5:00	2.6	5:34	3.4	10:18	0.7	11:43	0.7	5:14	8:20	
4	Wed	5:52	2.7	6:23	3.4	11:06	0.6			5:15	8:20	
5	Thu	6:39	2.8	7:07	3.5	12:26	0.6	11:53 AM	0.5	5:15	8:20	
6	Fri	7:22	3.0	7:47	3.6	1:09	0.5	12:40	0.4	5:16	8:20	
7	Sat	8:02	3.1	8:25	3.7	1:51	0.4	1:25	0.3	5:17	8:19	
8	Sun	8:42	3.3	9:03	3.7	2:32	0.3	2:07	0.3	5:17	8:19	
9	Mon	9:22	3.3	9:41	3.8	3:10	0.3	2:48	0.3	5:18	8:19	
10	Tue	10:04	3.4	10:22	3.8	3:44	0.2	3:27	0.3	5:19	8:18	
11	Wed	10:47	3.5	11:06	3.7	4:15	0.2	4:08	0.3	5:19	8:18	
12	Thu	11:33	3.5	11:52	3.6	4:45	0.2	4:52	0.4	5:20	8:17	
13	Fri			12:21	3.6	5:19	0.2	5:44	0.5	5:21	8:17	
14	Sat	12:42	3.5	1:12	3.7	6:00	0.2	6:52	0.6	5:22	8:16	
15	Sun	1:36	3.3	2:07	3.8	6:50	0.2	8:32	0.6	5:23	8:16	
16	Mon	2:34	3.2	3:08	3.9	7:51	0.2	10:00	0.5	5:23	8:15	
17	Tue	3:37	3.1	4:13	4.0	8:59	0.2	11:07	0.4	5:24	8:14	
18	Wed	4:43	3.2	5:19	4.2	10:08	0.1			5:25	8:14	
19	Thu	5:47	3.4	6:21	4.4	12:06	0.2	11:12 AM	0.0	5:26	8:13	
20	Fri	6:45	3.7	7:17	4.5	1:00	0.0	12:13	-0.1	5:27	8:12	
21	Sat	7:40	3.9	8:09	4.6	1:51	-0.1	1:11	-0.1	5:28	8:12	
22	Sun	8:31	4.1	8:59	4.5	2:37	-0.2	2:05	-0.2	5:29	8:11	
23	Mon	9:21	4.2	9:47	4.4	3:19	-0.2	2:56	-0.1	5:29	8:10	
24	Tue	10:10	4.2	10:34	4.1	3:55	-0.1	3:44	0.0	5:30	8:09	
25	Wed	10:58	4.1	11:20	3.8	4:28	0.0	4:30	0.2	5:31	8:08	
26	Thu	11:46	3.9			4:58	0.1	5:16	0.4	5:32	8:07	
27	Fri	12:06	3.5	12:34	3.7	5:28	0.3	6:07	0.6	5:33	8:06	
28	Sat	12:52	3.1	1:21	3.5	6:03	0.5	7:06	0.8	5:34	8:05	
29	Sun	1:38	2.9	2:10	3.4	6:44	0.6	8:18	1.0	5:35	8:04	
30	Mon	2:26	2.6	3:02	3.2	7:36	0.8	9:28	1.0	5:36	8:03	
31	Tue	3:19	2.5	4:00	3.1	8:38	0.8	10:25	1.0	5:37	8:02	