US HARBORS www.USHarbors.com

Penikese Island, MA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:33	3.0	4:09	3.7	9:22	0.5	11:01	0.6	5:13	8:21	
2	Thu	4:33	2.9	5:07	3.7	10:05	0.6	11:47	0.6	5:14	8:21	
3	Fri	5:30	2.8	6:02	3.7	10:48	0.6			5:15	8:20	
4	Sat	6:23	2.9	6:52	3.7	12:26	0.5	11:31 AM	0.6	5:15	8:20	
5	Sun	7:10	3.0	7:37	3.7	1:02	0.5	12:16	0.5	5:16	8:20	
6	Mon	7:53	3.1	8:19	3.7	1:37	0.5	1:01	0.4	5:16	8:20	
7	Tue	8:33	3.2	8:57	3.7	2:13	0.4	1:46	0.3	5:17	8:19	
8	Wed	9:12	3.3	9:34	3.6	2:49	0.4	2:30	0.3	5:18	8:19	
9	Thu	9:51	3.3	10:10	3.5	3:24	0.3	3:12	0.4	5:18	8:19	
10	Fri	10:29	3.3	10:45	3.4	3:58	0.3	3:51	0.4	5:19	8:18	
11	Sat	11:08	3.3	11:22	3.3	4:28	0.4	4:29	0.6	5:20	8:18	
12	Sun	11:47	3.3			4:57	0.4	5:09	0.7	5:21	8:17	
13	Mon	12:02	3.2	12:29	3.3	5:28	0.4	5:54	0.8	5:21	8:17	
14	Tue	12:46	3.1	1:13	3.4	6:05	0.4	6:52	0.8	5:22	8:16	
15	Wed	1:35	3.0	2:04	3.4	6:51	0.4	8:20	0.8	5:23	8:15	
16	Thu	2:31	2.9	3:01	3.6	7:49	0.4	9:48	0.7	5:24	8:15	
17	Fri	3:33	3.0	4:06	3.7	8:57	0.3	10:55	0.5	5:25	8:14	
18	Sat	4:39	3.1	5:12	4.0	10:04	0.2	11:53	0.3	5:25	8:13	
19	Sun	5:43	3.3	6:15	4.3	11:08	0.0			5:26	8:13	
20	Mon	6:42	3.6	7:12	4.5	12:48	0.0	12:09	-0.2	5:27	8:12	
21	Tue	7:37	4.0	8:05	4.7	1:40	-0.2	1:08	-0.3	5:28	8:11	
22	Wed	8:30	4.2	8:57	4.7	2:29	-0.3	2:06	-0.4	5:29	8:10	
23	Thu	9:22	4.4	9:47	4.7	3:15	-0.4	3:03	-0.4	5:30	8:10	
24	Fri	10:14	4.5	10:38	4.4	3:59	-0.4	3:58	-0.3	5:31	8:09	
25	Sat	11:06	4.5	11:29	4.1	4:39	-0.3	4:53	0.0	5:32	8:08	
26	Sun	11:58	4.3			5:18	-0.1	5:52	0.2	5:33	8:07	
27	Mon	12:20	3.8	12:51	4.1	5:57	0.1	7:01	0.5	5:34	8:06	
28	Tue	1:12	3.4	1:45	3.9	6:38	0.3	8:24	0.7	5:35	8:05	
29	Wed	2:06	3.1	2:41	3.7	7:26	0.6	9:37	0.8	5:36	8:04	
30	Thu	3:02	2.9	3:40	3.5	8:24	0.7	10:34	0.8	5:36	8:03	
31	Fri	4:02	2.7	4:41	3.4	9:26	0.8	11:21	0.8	5:37	8:02	