






















Penikese Island, MA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:16	3.5	7:38	4.2	1:11	0.1	12:38	-0.1	5:13	8:21	
2	Tue	8:06	3.7	8:27	4.4	2:00	-0.1	1:26	-0.2	5:14	8:21	
3	Wed	8:55	3.9	9:17	4.5	2:48	-0.2	2:16	-0.2	5:14	8:21	
4	Thu	9:46	4.0	10:09	4.5	3:36	-0.2	3:07	-0.2	5:15	8:20	
5	Fri	10:39	4.0	11:02	4.4	4:24	-0.2	4:00	-0.2	5:16	8:20	
6	Sat	11:32	4.1	11:56	4.2	5:13	-0.1	4:57	0.0	5:16	8:20	
7	Sun			12:27	4.1	6:04	0.0	6:02	0.2	5:17	8:19	
8	Mon	12:51	4.0	1:23	4.1	7:01	0.1	7:28	0.4	5:17	8:19	
9	Tue	1:47	3.7	2:21	4.0	8:01	0.2	9:01	0.4	5:18	8:19	
10	Wed	2:44	3.5	3:20	4.0	9:00	0.3	10:12	0.4	5:19	8:18	
11	Thu	3:45	3.3	4:21	4.0	9:51	0.3	11:11	0.4	5:20	8:18	
12	Fri	4:46	3.2	5:20	4.0	10:36	0.3			5:20	8:17	
13	Sat	5:44	3.2	6:16	4.1	12:03	0.3	11:17 AM	0.4	5:21	8:17	
14	Sun	6:38	3.3	7:06	4.1	12:48	0.3	11:58 AM	0.3	5:22	8:16	
15	Mon	7:27	3.4	7:53	4.1	1:27	0.2	12:39	0.3	5:23	8:16	
16	Tue	8:13	3.4	8:37	4.0	2:01	0.2	1:22	0.3	5:23	8:15	
17	Wed	8:56	3.5	9:20	3.9	2:34	0.2	2:05	0.3	5:24	8:14	
18	Thu	9:38	3.4	10:01	3.8	3:07	0.3	2:48	0.3	5:25	8:14	
19	Fri	10:19	3.4	10:41	3.6	3:41	0.3	3:31	0.3	5:26	8:13	
20	Sat	11:00	3.3	11:19	3.4	4:15	0.4	4:14	0.4	5:27	8:12	
21	Sun	11:40	3.2	11:57	3.2	4:50	0.4	4:57	0.6	5:28	8:12	
22	Mon			12:20	3.2	5:25	0.5	5:42	0.8	5:29	8:11	
23	Tue	12:36	3.1	1:01	3.1	6:02	0.6	6:35	0.9	5:30	8:10	
24	Wed	1:17	2.9	1:44	3.1	6:44	0.6	7:46	1.0	5:30	8:09	
25	Thu	2:03	2.9	2:31	3.2	7:34	0.6	9:06	0.9	5:31	8:08	
26	Fri	2:56	2.8	3:26	3.3	8:32	0.6	10:12	0.8	5:32	8:07	
27	Sat	3:56	2.9	4:26	3.5	9:32	0.5	11:08	0.6	5:33	8:06	
28	Sun	4:58	3.1	5:26	3.8	10:29	0.3			5:34	8:05	
29	Mon	5:57	3.3	6:24	4.1	12:00	0.3	11:24 AM	0.1	5:35	8:04	
30	Tue	6:52	3.6	7:17	4.4	12:50	0.1	12:17	-0.1	5:36	8:03	
31	Wed	7:44	3.9	8:09	4.6	1:40	-0.1	1:11	-0.3	5:37	8:02	