

































Penikese Island, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:12	3.3	3:37	2.7	10:10	0.2	9:24	0.2	7:09	4:24	
2	Mon	4:11	3.3	4:34	2.7	10:58	0.2	10:01	0.2	7:09	4:25	
3	Tue	5:06	3.4	5:25	2.8	11:38	0.1	10:40	0.2	7:10	4:26	
4	Wed	5:55	3.4	6:11	2.9			12:13	0.1	7:10	4:27	
5	Thu	6:39	3.4	6:54	3.0			12:46	0.1	7:09	4:28	
6	Fri	7:20	3.4	7:33	3.0	12:02	0.0	1:19	0.1	7:09	4:29	
7	Sat	7:59	3.3	8:12	3.0	12:44	-0.1	1:52	0.1	7:09	4:30	
8	Sun	8:37	3.2	8:50	3.0	1:26	-0.2	2:26	0.1	7:09	4:31	
9	Mon	9:13	3.1	9:28	2.9	2:07	-0.1	3:00	0.1	7:09	4:32	
10	Tue	9:48	3.0	10:07	2.8	2:46	-0.1	3:31	0.2	7:09	4:33	
11	Wed	10:24	2.9	10:47	2.8	3:24	0.1	4:01	0.3	7:08	4:34	
12	Thu	11:02	2.8	11:29	2.8	4:03	0.2	4:32	0.3	7:08	4:35	
13	Fri	11:45	2.7			4:47	0.3	5:09	0.3	7:08	4:36	
14	Sat	12:15	2.8	12:34	2.6	5:43	0.5	5:56	0.3	7:07	4:37	
15	Sun	1:06	2.9	1:30	2.5	7:05	0.5	6:58	0.3	7:07	4:38	
16	Mon	2:04	3.0	2:33	2.5	8:37	0.4	8:08	0.2	7:07	4:39	
17	Tue	3:08	3.2	3:39	2.7	9:47	0.2	9:15	0.0	7:06	4:40	
18	Wed	4:13	3.5	4:42	2.9	10:46	-0.1	10:15	-0.2	7:06	4:42	
19	Thu	5:15	3.8	5:40	3.2	11:40	-0.3	11:13	-0.5	7:05	4:43	
20	Fri	6:11	4.1	6:33	3.5			12:32	-0.5	7:04	4:44	
21	Sat	7:04	4.3	7:25	3.8	12:09	-0.7	1:21	-0.7	7:04	4:45	
22	Sun	7:55	4.4	8:16	4.0	1:04	-0.9	2:08	-0.7	7:03	4:46	
23	Mon	8:46	4.4	9:07	4.0	1:58	-0.9	2:52	-0.7	7:02	4:48	
24	Tue	9:36	4.2	9:59	4.0	2:51	-0.8	3:34	-0.6	7:02	4:49	
25	Wed	10:27	3.9	10:52	3.8	3:45	-0.6	4:15	-0.5	7:01	4:50	
26	Thu	11:19	3.5	11:46	3.6	4:42	-0.3	4:55	-0.2	7:00	4:51	
27	Fri			12:12	3.2	5:52	0.0	5:38	0.0	6:59	4:53	
28	Sat	12:41	3.4	1:07	2.8	7:23	0.2	6:29	0.2	6:58	4:54	
29	Sun	1:38	3.2	2:05	2.6	8:44	0.3	7:29	0.4	6:57	4:55	
30	Mon	2:40	3.0	3:07	2.4	9:47	0.4	8:32	0.5	6:57	4:56	
31	Tue	3:45	2.9	4:08	2.4	10:37	0.3	9:30	0.4	6:56	4:58	