

































Penikese Island, MA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:53	3.3	1:21	3.5	6:38	0.5	6:58	0.8	5:14	8:21	
2	Wed	1:40	3.0	2:10	3.4	7:17	0.6	8:10	0.9	5:14	8:21	
3	Thu	2:28	2.8	3:00	3.3	8:00	0.7	9:18	0.9	5:15	8:20	
4	Fri	3:18	2.6	3:53	3.3	8:48	0.7	10:14	0.9	5:15	8:20	
5	Sat	4:11	2.5	4:47	3.3	9:37	0.7	11:03	0.8	5:16	8:20	
6	Sun	5:05	2.6	5:39	3.3	10:27	0.6	11:49	0.7	5:16	8:20	
7	Mon	5:56	2.7	6:26	3.4	11:15	0.6			5:17	8:19	
8	Tue	6:43	2.9	7:09	3.5	12:34	0.6	12:02	0.5	5:18	8:19	
9	Wed	7:26	3.0	7:50	3.7	1:19	0.4	12:48	0.4	5:19	8:19	
10	Thu	8:08	3.2	8:30	3.8	2:02	0.3	1:33	0.3	5:19	8:18	
11	Fri	8:50	3.3	9:11	3.9	2:44	0.2	2:16	0.2	5:20	8:18	
12	Sat	9:33	3.4	9:53	3.9	3:22	0.2	2:58	0.2	5:21	8:17	
13	Sun	10:18	3.5	10:38	3.9	3:58	0.1	3:41	0.2	5:21	8:17	
14	Mon	11:04	3.6	11:25	3.8	4:31	0.1	4:26	0.3	5:22	8:16	
15	Tue	11:53	3.7			5:05	0.1	5:17	0.4	5:23	8:15	
16	Wed	12:15	3.7	12:44	3.8	5:43	0.1	6:19	0.5	5:24	8:15	
17	Thu	1:07	3.5	1:38	3.9	6:27	0.2	7:47	0.6	5:25	8:14	
18	Fri	2:03	3.3	2:36	3.9	7:22	0.2	9:25	0.6	5:26	8:13	
19	Sat	3:03	3.2	3:38	4.0	8:25	0.3	10:38	0.4	5:26	8:13	
20	Sun	4:08	3.1	4:44	4.1	9:33	0.2	11:40	0.3	5:27	8:12	
21	Mon	5:13	3.2	5:48	4.2	10:37	0.2			5:28	8:11	
22	Tue	6:14	3.4	6:47	4.3	12:36	0.2	11:38 AM	0.1	5:29	8:10	
23	Wed	7:10	3.6	7:41	4.4	1:27	0.1	12:35	0.0	5:30	8:09	
24	Thu	8:01	3.8	8:30	4.4	2:15	0.0	1:30	0.0	5:31	8:09	
25	Fri	8:51	3.9	9:18	4.3	2:56	0.0	2:20	0.0	5:32	8:08	
26	Sat	9:38	4.0	10:04	4.1	3:33	0.0	3:07	0.1	5:33	8:07	
27	Sun	10:25	3.9	10:48	3.9	4:04	0.1	3:52	0.2	5:34	8:06	
28	Mon	11:11	3.8	11:32	3.6	4:33	0.2	4:36	0.3	5:35	8:05	
29	Tue	11:57	3.7			5:01	0.3	5:21	0.5	5:36	8:04	
30	Wed	12:15	3.2	12:42	3.5	5:32	0.4	6:11	0.7	5:37	8:03	
31	Thu	12:58	3.0	1:27	3.4	6:08	0.6	7:11	0.9	5:38	8:02	