

































Penikese Island, MA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:32	4.1	5:57	3.5			12:05	-0.4	7:09	4:24	
2	Fri	6:28	4.3	6:50	3.7			12:57	-0.5	7:09	4:25	
3	Sat	7:20	4.4	7:41	3.8	12:21	-0.7	1:45	-0.6	7:10	4:26	
4	Sun	8:11	4.3	8:31	3.9	1:14	-0.7	2:30	-0.5	7:10	4:27	
5	Mon	9:00	4.2	9:21	3.8	2:05	-0.6	3:12	-0.4	7:09	4:28	
6	Tue	9:50	3.9	10:12	3.7	2:54	-0.5	3:51	-0.3	7:09	4:29	
7	Wed	10:39	3.6	11:02	3.5	3:41	-0.3	4:27	-0.1	7:09	4:30	
8	Thu	11:28	3.2	11:53	3.3	4:30	0.0	5:02	0.1	7:09	4:31	
9	Fri			12:17	2.9	5:26	0.3	5:41	0.3	7:09	4:32	
10	Sat	12:44	3.1	1:07	2.6	6:36	0.5	6:27	0.4	7:09	4:33	
11	Sun	1:37	2.9	2:00	2.3	7:57	0.6	7:22	0.5	7:08	4:34	
12	Mon	2:34	2.8	2:57	2.2	9:02	0.6	8:22	0.5	7:08	4:35	
13	Tue	3:33	2.8	3:55	2.3	9:54	0.5	9:18	0.4	7:08	4:36	
14	Wed	4:31	2.8	4:47	2.4	10:40	0.4	10:11	0.3	7:07	4:37	
15	Thu	5:22	2.9	5:33	2.6	11:23	0.3	10:59	0.2	7:07	4:38	
16	Fri	6:05	3.1	6:15	2.8			12:04	0.2	7:06	4:40	
17	Sat	6:44	3.2	6:54	2.9			12:45	0.0	7:06	4:41	
18	Sun	7:20	3.3	7:32	3.1	12:28	-0.1	1:23	-0.1	7:05	4:42	
19	Mon	7:57	3.4	8:11	3.2	1:08	-0.2	1:58	-0.1	7:05	4:43	
20	Tue	8:34	3.5	8:51	3.2	1:46	-0.3	2:30	-0.2	7:04	4:44	
21	Wed	9:14	3.4	9:33	3.2	2:23	-0.3	2:59	-0.2	7:04	4:46	
22	Thu	9:57	3.4	10:18	3.3	3:01	-0.2	3:28	-0.2	7:03	4:47	
23	Fri	10:43	3.2	11:06	3.3	3:42	-0.1	4:02	-0.2	7:02	4:48	
24	Sat	11:34	3.0	11:58	3.3	4:31	0.0	4:42	-0.1	7:01	4:49	
25	Sun			12:28	2.9	5:34	0.2	5:33	0.0	7:01	4:50	
26	Mon	12:56	3.3	1:29	2.7	7:20	0.3	6:37	0.1	7:00	4:52	
27	Tue	2:00	3.4	2:34	2.7	9:03	0.2	7:56	0.1	6:59	4:53	
28	Wed	3:09	3.4	3:42	2.8	10:12	0.0	9:16	-0.1	6:58	4:54	
29	Thu	4:18	3.6	4:45	3.1	11:09	-0.2	10:25	-0.3	6:57	4:55	
30	Fri	5:21	3.8	5:43	3.4			12:00	-0.3	6:56	4:57	
31	Sat	6:16	4.0	6:35	3.7			12:47	-0.5	6:55	4:58	