

































Penikese Island, MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:57	3.5			5:06	0.3	5:04	0.5	5:14	8:21	
2	Sat	12:15	3.3	12:43	3.4	5:43	0.4	5:55	0.7	5:14	8:21	
3	Sun	12:58	3.1	1:28	3.3	6:23	0.6	6:53	0.8	5:15	8:20	
4	Mon	1:41	2.9	2:14	3.2	7:11	0.6	8:04	0.9	5:15	8:20	
5	Tue	2:26	2.7	3:02	3.1	8:05	0.7	9:14	0.9	5:16	8:20	
6	Wed	3:15	2.7	3:54	3.2	9:02	0.7	10:14	0.8	5:17	8:20	
7	Thu	4:09	2.7	4:47	3.3	9:56	0.6	11:06	0.7	5:17	8:19	
8	Fri	5:05	2.8	5:39	3.5	10:46	0.5	11:54	0.5	5:18	8:19	
9	Sat	5:58	3.0	6:27	3.7	11:33	0.3			5:19	8:19	
10	Sun	6:47	3.3	7:13	3.9	12:41	0.3	12:19	0.2	5:19	8:18	
11	Mon	7:35	3.5	7:58	4.1	1:26	0.1	1:05	0.0	5:20	8:18	
12	Tue	8:21	3.7	8:44	4.3	2:09	0.0	1:51	-0.1	5:21	8:17	
13	Wed	9:08	3.9	9:31	4.4	2:52	-0.1	2:38	-0.1	5:22	8:17	
14	Thu	9:57	4.0	10:20	4.4	3:32	-0.2	3:26	-0.1	5:22	8:16	
15	Fri	10:48	4.1	11:11	4.3	4:12	-0.2	4:16	0.0	5:23	8:15	
16	Sat	11:40	4.1			4:53	-0.2	5:11	0.1	5:24	8:15	
17	Sun	12:04	4.1	12:34	4.1	5:38	-0.1	6:18	0.3	5:25	8:14	
18	Mon	12:58	3.9	1:30	4.1	6:28	0.0	7:53	0.4	5:26	8:13	
19	Tue	1:55	3.7	2:29	4.1	7:28	0.2	9:24	0.4	5:27	8:13	
20	Wed	2:54	3.5	3:30	4.0	8:36	0.3	10:32	0.4	5:27	8:12	
21	Thu	3:56	3.4	4:33	4.1	9:42	0.3	11:30	0.3	5:28	8:11	
22	Fri	4:59	3.4	5:35	4.1	10:40	0.3			5:29	8:10	
23	Sat	5:58	3.5	6:31	4.2	12:21	0.2	11:31 AM	0.2	5:30	8:09	
24	Sun	6:52	3.7	7:22	4.2	1:07	0.1	12:19	0.2	5:31	8:09	
25	Mon	7:42	3.8	8:09	4.2	1:48	0.1	1:04	0.1	5:32	8:08	
26	Tue	8:28	3.9	8:53	4.1	2:22	0.1	1:47	0.1	5:33	8:07	
27	Wed	9:13	3.9	9:36	4.0	2:52	0.1	2:30	0.1	5:34	8:06	
28	Thu	9:57	3.8	10:18	3.8	3:21	0.1	3:12	0.2	5:35	8:05	
29	Fri	10:40	3.7	10:58	3.6	3:52	0.2	3:54	0.3	5:36	8:04	
30	Sat	11:22	3.6	11:38	3.3	4:24	0.3	4:37	0.4	5:37	8:03	
31	Sun			12:04	3.4	4:57	0.4	5:21	0.6	5:38	8:02	