

































Penikese Island, MA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:58	3.3	10:21	3.6	3:30	0.4	3:10	0.4	5:14	8:21	
2	Sun	10:39	3.2	10:59	3.4	4:04	0.4	3:53	0.4	5:14	8:21	
3	Mon	11:19	3.2	11:36	3.2	4:38	0.4	4:36	0.6	5:15	8:20	
4	Tue	11:58	3.1			5:11	0.5	5:19	0.7	5:15	8:20	
5	Wed	12:12	3.1	12:38	3.1	5:44	0.5	6:06	0.8	5:16	8:20	
6	Thu	12:51	2.9	1:19	3.2	6:20	0.5	7:06	0.9	5:17	8:20	
7	Fri	1:35	2.8	2:04	3.2	7:03	0.6	8:25	1.0	5:17	8:19	
8	Sat	2:25	2.8	2:55	3.3	7:56	0.5	9:42	0.9	5:18	8:19	
9	Sun	3:23	2.8	3:54	3.4	8:56	0.5	10:44	0.7	5:19	8:19	
10	Mon	4:27	2.9	4:57	3.7	9:56	0.4	11:40	0.4	5:19	8:18	
11	Tue	5:30	3.1	5:59	4.0	10:54	0.2			5:20	8:18	
12	Wed	6:28	3.3	6:56	4.2	12:33	0.2	11:51 AM	0.0	5:21	8:17	
13	Thu	7:23	3.6	7:50	4.5	1:26	0.0	12:47	-0.2	5:22	8:17	
14	Fri	8:15	3.9	8:41	4.6	2:16	-0.2	1:44	-0.3	5:22	8:16	
15	Sat	9:07	4.1	9:33	4.7	3:05	-0.3	2:40	-0.4	5:23	8:15	
16	Sun	9:59	4.3	10:24	4.5	3:50	-0.3	3:37	-0.3	5:24	8:15	
17	Mon	10:52	4.4	11:16	4.3	4:34	-0.3	4:34	-0.2	5:25	8:14	
18	Tue	11:45	4.4			5:17	-0.2	5:34	0.1	5:26	8:13	
19	Wed	12:08	4.0	12:40	4.3	5:59	-0.1	6:46	0.3	5:27	8:13	
20	Thu	1:01	3.7	1:35	4.1	6:44	0.1	8:12	0.5	5:28	8:12	
21	Fri	1:56	3.3	2:31	4.0	7:35	0.4	9:31	0.6	5:28	8:11	
22	Sat	2:53	3.1	3:31	3.8	8:32	0.5	10:35	0.6	5:29	8:10	
23	Sun	3:54	2.9	4:32	3.7	9:30	0.7	11:29	0.6	5:30	8:09	
24	Mon	4:56	2.8	5:33	3.6	10:24	0.7			5:31	8:08	
25	Tue	5:54	2.9	6:27	3.7	12:14	0.6	11:13 AM	0.7	5:32	8:08	
26	Wed	6:45	3.0	7:15	3.7	12:51	0.6	11:59 AM	0.6	5:33	8:07	
27	Thu	7:30	3.2	7:58	3.7	1:24	0.5	12:45	0.5	5:34	8:06	
28	Fri	8:12	3.3	8:38	3.7	1:56	0.5	1:30	0.4	5:35	8:05	
29	Sat	8:51	3.4	9:15	3.7	2:28	0.4	2:13	0.3	5:36	8:04	
30	Sun	9:29	3.4	9:50	3.6	3:00	0.3	2:55	0.3	5:37	8:03	
31	Mon	10:06	3.4	10:24	3.5	3:31	0.3	3:35	0.4	5:38	8:01	