

































## Penikese Island, MA - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:16	3.2	8:35	3.7	1:59	0.3	1:23	0.3	5:14	8:21	
2	Mon	8:55	3.2	9:12	3.6	2:38	0.3	2:06	0.3	5:14	8:21	
3	Tue	9:34	3.3	9:48	3.6	3:17	0.3	2:47	0.3	5:15	8:20	
4	Wed	10:14	3.3	10:26	3.5	3:53	0.3	3:27	0.4	5:16	8:20	
5	Thu	10:55	3.2	11:06	3.5	4:27	0.4	4:06	0.4	5:16	8:20	
6	Fri	11:38	3.2	11:50	3.4	4:58	0.4	4:46	0.5	5:17	8:20	
7	Sat			12:24	3.3	5:31	0.5	5:33	0.6	5:17	8:19	
8	Sun	12:37	3.3	1:12	3.4	6:09	0.5	6:30	0.6	5:18	8:19	
9	Mon	1:27	3.3	2:04	3.5	6:58	0.4	7:46	0.7	5:19	8:18	
10	Tue	2:23	3.2	3:00	3.7	7:57	0.4	9:16	0.6	5:20	8:18	
11	Wed	3:24	3.2	4:01	3.9	9:01	0.3	10:30	0.4	5:20	8:18	
12	Thu	4:28	3.3	5:04	4.2	10:02	0.1	11:32	0.2	5:21	8:17	
13	Fri	5:32	3.4	6:05	4.4	11:01	0.0			5:22	8:17	
14	Sat	6:32	3.6	7:03	4.7	12:30	-0.1	11:58 AM	-0.2	5:23	8:16	
15	Sun	7:28	3.9	7:57	4.8	1:25	-0.2	12:55	-0.3	5:23	8:15	
16	Mon	8:21	4.1	8:50	4.8	2:19	-0.3	1:51	-0.3	5:24	8:15	
17	Tue	9:14	4.2	9:41	4.7	3:09	-0.3	2:47	-0.3	5:25	8:14	
18	Wed	10:06	4.2	10:33	4.5	3:56	-0.3	3:42	-0.2	5:26	8:13	
19	Thu	10:58	4.1	11:24	4.2	4:41	-0.2	4:36	0.0	5:27	8:13	
20	Fri	11:51	4.0			5:22	0.0	5:32	0.3	5:28	8:12	
21	Sat	12:15	3.9	12:43	3.9	6:03	0.2	6:35	0.5	5:29	8:11	
22	Sun	1:06	3.6	1:35	3.7	6:43	0.4	7:52	0.7	5:29	8:10	
23	Mon	1:57	3.2	2:28	3.5	7:27	0.5	9:06	0.8	5:30	8:09	
24	Tue	2:49	3.0	3:23	3.4	8:15	0.7	10:04	0.8	5:31	8:08	
25	Wed	3:44	2.8	4:19	3.4	9:05	0.7	10:52	0.8	5:32	8:07	
26	Thu	4:40	2.8	5:15	3.4	9:56	0.7	11:34	0.7	5:33	8:06	
27	Fri	5:34	2.8	6:07	3.4	10:45	0.6			5:34	8:06	
28	Sat	6:23	2.9	6:52	3.5	12:15	0.6	11:33 AM	0.5	5:35	8:05	
29	Sun	7:07	3.1	7:32	3.6	12:56	0.5	12:20	0.4	5:36	8:03	
30	Mon	7:47	3.2	8:10	3.6	1:36	0.4	1:06	0.3	5:37	8:02	
31	Tue	8:27	3.4	8:46	3.7	2:16	0.3	1:49	0.3	5:38	8:01	