

Pleasant Bay, South Orleans, MA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:51	3.3	1:02	3.8	7:45	0.0	8:25	-0.3	7:07	4:19	
2	Fri	1:41	3.3	1:50	3.7	8:34	0.0	9:11	-0.3	7:07	4:20	
3	Sat	2:28	3.3	2:36	3.6	9:21	0.0	9:56	-0.2	7:07	4:21	
4	Sun	3:13	3.3	3:21	3.5	10:08	0.1	10:39	-0.1	7:07	4:22	
5	Mon	3:56	3.2	4:05	3.4	10:53	0.2	11:21	0.0	7:07	4:23	
6	Tue	4:39	3.2	4:50	3.2	11:39	0.3			7:07	4:23	
7	Wed	5:22	3.1	5:37	3.1	12:05	0.1	12:26	0.4	7:07	4:24	
8	Thu	6:08	3.1	6:26	2.9	12:50	0.3	1:16	0.4	7:06	4:25	
9	Fri	6:56	3.0	7:19	2.8	1:37	0.4	2:09	0.5	7:06	4:26	
10	Sat	7:46	3.0	8:13	2.7	2:26	0.5	3:03	0.5	7:06	4:28	
11	Sun	8:37	3.0	9:09	2.7	3:16	0.5	3:57	0.5	7:06	4:29	
12	Mon	9:29	3.1	10:05	2.7	4:08	0.5	4:52	0.4	7:06	4:30	
13	Tue	10:20	3.2	10:57	2.8	5:00	0.5	5:44	0.3	7:05	4:31	
14	Wed	11:09	3.3	11:45	2.9	5:51	0.4	6:33	0.1	7:05	4:32	
15	Thu	11:55	3.5			6:39	0.3	7:19	-0.1	7:04	4:33	
16	Fri	12:30	3.1	12:39	3.6	7:26	0.1	8:03	-0.2	7:04	4:34	
17	Sat	1:14	3.2	1:24	3.7	8:12	0.0	8:47	-0.4	7:04	4:35	
18	Sun	1:58	3.3	2:10	3.8	8:58	-0.1	9:32	-0.5	7:03	4:36	
19	Mon	2:44	3.5	2:57	3.8	9:46	-0.2	10:17	-0.5	7:02	4:38	
20	Tue	3:30	3.5	3:46	3.8	10:35	-0.3	11:04	-0.5	7:02	4:39	
21	Wed	4:17	3.6	4:36	3.7	11:26	-0.3	11:53	-0.4	7:01	4:40	
22	Thu	5:07	3.6	5:31	3.5			12:20	-0.2	7:01	4:41	
23	Fri	6:01	3.6	6:29	3.3	12:45	-0.3	1:18	-0.1	7:00	4:42	
24	Sat	6:59	3.5	7:32	3.2	1:41	-0.1	2:20	-0.1	6:59	4:44	
25	Sun	8:00	3.5	8:38	3.0	2:40	0.0	3:23	0.0	6:58	4:45	
26	Mon	9:03	3.4	9:46	3.0	3:41	0.1	4:28	0.0	6:58	4:46	
27	Tue	10:07	3.5	10:51	3.0	4:43	0.2	5:32	0.0	6:57	4:47	
28	Wed	11:08	3.5	11:49	3.1	5:44	0.2	6:31	-0.1	6:56	4:49	
29	Thu			12:02	3.5	6:41	0.1	7:23	-0.2	6:55	4:50	
30	Fri	12:40	3.1	12:51	3.6	7:32	0.1	8:10	-0.2	6:54	4:51	
31	Sat	1:26	3.2	1:36	3.5	8:19	0.0	8:52	-0.2	6:53	4:53	