

Pleasant Bay, South Orleans, MA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:44	3.6	5:19	3.4			12:05	-0.1	5:09	8:18	
2	Fri	5:31	3.6	6:05	3.5	12:22	0.1	12:51	-0.1	5:09	8:18	
3	Sat	6:21	3.5	6:55	3.5	1:13	0.1	1:40	-0.1	5:10	8:18	
4	Sun	7:16	3.5	7:48	3.6	2:08	0.1	2:32	0.0	5:10	8:17	
5	Mon	8:14	3.4	8:44	3.6	3:06	0.1	3:27	0.0	5:11	8:17	
6	Tue	9:15	3.3	9:42	3.7	4:05	0.1	4:24	0.1	5:12	8:17	
7	Wed	10:18	3.2	10:41	3.7	5:07	0.0	5:23	0.1	5:12	8:16	
8	Thu	11:22	3.2	11:41	3.8	6:08	-0.1	6:23	0.1	5:13	8:16	
9	Fri			12:23	3.3	7:09	-0.2	7:21	0.1	5:14	8:16	
10	Sat	12:39	3.8	1:20	3.3	8:05	-0.2	8:16	0.1	5:14	8:15	
11	Sun	1:33	3.9	2:14	3.4	8:58	-0.3	9:09	0.0	5:15	8:15	
12	Mon	2:25	3.9	3:05	3.4	9:48	-0.3	10:00	0.1	5:16	8:14	
13	Tue	3:15	3.8	3:54	3.4	10:35	-0.2	10:49	0.1	5:17	8:14	
14	Wed	4:04	3.7	4:40	3.4	11:21	-0.1	11:37	0.2	5:17	8:13	
15	Thu	4:51	3.6	5:24	3.4			12:05	0.0	5:18	8:13	
16	Fri	5:37	3.4	6:08	3.3	12:24	0.2	12:49	0.1	5:19	8:12	
17	Sat	6:24	3.3	6:53	3.3	1:12	0.3	1:34	0.3	5:20	8:11	
18	Sun	7:13	3.1	7:40	3.2	2:02	0.4	2:21	0.4	5:21	8:11	
19	Mon	8:04	3.0	8:29	3.2	2:53	0.5	3:09	0.5	5:22	8:10	
20	Tue	8:57	2.9	9:19	3.2	3:46	0.5	3:59	0.6	5:22	8:09	
21	Wed	9:51	2.8	10:10	3.2	4:40	0.5	4:49	0.6	5:23	8:08	
22	Thu	10:46	2.8	11:02	3.2	5:33	0.5	5:41	0.6	5:24	8:07	
23	Fri	11:40	2.9	11:52	3.3	6:26	0.4	6:33	0.6	5:25	8:07	
24	Sat			12:29	2.9	7:16	0.3	7:22	0.5	5:26	8:06	
25	Sun	12:38	3.4	1:15	3.0	8:02	0.2	8:08	0.4	5:27	8:05	
26	Mon	1:23	3.5	1:58	3.2	8:46	0.0	8:54	0.2	5:28	8:04	
27	Tue	2:06	3.6	2:41	3.3	9:29	-0.1	9:39	0.1	5:29	8:03	
28	Wed	2:51	3.7	3:24	3.4	10:12	-0.2	10:26	0.0	5:30	8:02	
29	Thu	3:36	3.8	4:08	3.5	10:56	-0.3	11:13	-0.1	5:31	8:01	
30	Fri	4:23	3.8	4:54	3.6	11:40	-0.3			5:32	8:00	
31	Sat	5:12	3.7	5:41	3.7	12:02	-0.1	12:27	-0.2	5:33	7:59	