

Pleasant Bay, South Orleans, MA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:45	3.1			6:29	0.2	6:38	0.4	5:08	8:18	
2	Sun	12:01	3.4	12:38	3.1	7:23	0.2	7:27	0.4	5:09	8:18	
3	Mon	12:48	3.5	1:24	3.1	8:10	0.2	8:13	0.4	5:09	8:18	
4	Tue	1:30	3.5	2:06	3.1	8:52	0.1	8:55	0.4	5:10	8:17	
5	Wed	2:11	3.5	2:47	3.1	9:32	0.1	9:36	0.4	5:11	8:17	
6	Thu	2:50	3.5	3:26	3.1	10:10	0.1	10:16	0.4	5:11	8:17	
7	Fri	3:29	3.5	4:05	3.1	10:49	0.1	10:57	0.4	5:12	8:17	
8	Sat	4:09	3.4	4:43	3.2	11:27	0.1	11:38	0.4	5:13	8:16	
9	Sun	4:48	3.4	5:22	3.2			12:06	0.1	5:13	8:16	
10	Mon	5:29	3.3	6:01	3.2	12:20	0.4	12:46	0.2	5:14	8:15	
11	Tue	6:11	3.3	6:43	3.2	1:03	0.4	1:28	0.2	5:15	8:15	
12	Wed	6:57	3.2	7:27	3.3	1:50	0.4	2:13	0.3	5:15	8:15	
13	Thu	7:46	3.1	8:15	3.3	2:40	0.4	3:00	0.3	5:16	8:14	
14	Fri	8:39	3.1	9:05	3.4	3:33	0.4	3:51	0.3	5:17	8:13	
15	Sat	9:35	3.1	9:59	3.5	4:28	0.3	4:45	0.3	5:18	8:13	
16	Sun	10:33	3.2	10:55	3.7	5:25	0.1	5:41	0.2	5:19	8:12	
17	Mon	11:33	3.2	11:52	3.8	6:24	0.0	6:38	0.1	5:19	8:12	
18	Tue			12:31	3.4	7:21	-0.2	7:35	0.0	5:20	8:11	
19	Wed	12:48	4.0	1:27	3.5	8:16	-0.4	8:30	-0.2	5:21	8:10	
20	Thu	1:43	4.1	2:22	3.6	9:10	-0.5	9:25	-0.2	5:22	8:09	
21	Fri	2:38	4.1	3:17	3.7	10:02	-0.6	10:19	-0.3	5:23	8:09	
22	Sat	3:33	4.1	4:12	3.8	10:54	-0.6	11:14	-0.3	5:24	8:08	
23	Sun	4:29	4.0	5:05	3.8	11:46	-0.5			5:25	8:07	
24	Mon	5:24	3.9	5:58	3.7	12:08	-0.2	12:38	-0.3	5:26	8:06	
25	Tue	6:19	3.7	6:53	3.6	1:04	-0.1	1:31	-0.2	5:27	8:05	
26	Wed	7:17	3.5	7:48	3.5	2:01	0.0	2:25	0.0	5:28	8:04	
27	Thu	8:17	3.3	8:45	3.4	3:01	0.2	3:21	0.2	5:28	8:03	
28	Fri	9:17	3.1	9:41	3.4	4:01	0.3	4:16	0.4	5:29	8:02	
29	Sat	10:17	3.0	10:37	3.3	5:01	0.3	5:12	0.5	5:30	8:01	
30	Sun	11:16	3.0	11:32	3.3	6:00	0.3	6:07	0.5	5:31	8:00	
31	Mon			12:10	3.0	6:55	0.3	6:59	0.5	5:32	7:59	