

































Pleasant Bay, South Orleans, MA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:12	3.2	4:21	3.5	11:12	0.2	11:42	-0.1	7:07	4:19	
2	Tue	4:56	3.2	5:09	3.4			12:01	0.2	7:07	4:20	
3	Wed	5:43	3.3	6:02	3.3	12:28	-0.1	12:55	0.1	7:07	4:21	
4	Thu	6:34	3.4	6:59	3.2	1:19	0.0	1:52	0.1	7:07	4:22	
5	Fri	7:29	3.4	8:00	3.1	2:13	0.1	2:52	0.1	7:07	4:23	
6	Sat	8:26	3.5	9:05	3.0	3:09	0.1	3:55	0.0	7:07	4:24	
7	Sun	9:27	3.5	10:11	3.0	4:08	0.2	4:58	-0.1	7:07	4:25	
8	Mon	10:29	3.6	11:15	3.0	5:10	0.2	6:01	-0.2	7:06	4:26	
9	Tue	11:28	3.7			6:10	0.1	6:59	-0.3	7:06	4:27	
10	Wed	12:14	3.1	12:24	3.8	7:07	0.1	7:53	-0.3	7:06	4:28	
11	Thu	1:08	3.2	1:18	3.8	8:00	0.0	8:44	-0.4	7:06	4:29	
12	Fri	2:00	3.2	2:09	3.7	8:52	0.0	9:32	-0.3	7:05	4:30	
13	Sat	2:49	3.3	2:58	3.6	9:42	0.0	10:18	-0.3	7:05	4:31	
14	Sun	3:35	3.3	3:46	3.5	10:30	0.1	11:02	-0.1	7:05	4:33	
15	Mon	4:19	3.2	4:32	3.3	11:18	0.1	11:46	0.0	7:04	4:34	
16	Tue	5:03	3.2	5:19	3.2			12:06	0.2	7:04	4:35	
17	Wed	5:48	3.1	6:08	3.0	12:30	0.2	12:56	0.3	7:03	4:36	
18	Thu	6:35	3.1	7:01	2.8	1:17	0.4	1:49	0.4	7:03	4:37	
19	Fri	7:24	3.0	7:56	2.7	2:05	0.5	2:44	0.5	7:02	4:38	
20	Sat	8:16	3.0	8:53	2.6	2:55	0.6	3:40	0.5	7:01	4:40	
21	Sun	9:09	3.0	9:52	2.6	3:48	0.7	4:37	0.5	7:01	4:41	
22	Mon	10:04	3.0	10:48	2.6	4:41	0.7	5:32	0.4	7:00	4:42	
23	Tue	10:55	3.1	11:37	2.7	5:34	0.6	6:23	0.3	6:59	4:43	
24	Wed	11:42	3.3			6:24	0.5	7:08	0.1	6:59	4:44	
25	Thu	12:22	2.8	12:26	3.4	7:10	0.4	7:50	0.0	6:58	4:46	
26	Fri	1:03	2.9	1:07	3.5	7:54	0.3	8:30	-0.1	6:57	4:47	
27	Sat	1:43	3.1	1:49	3.6	8:37	0.1	9:10	-0.2	6:56	4:48	
28	Sun	2:23	3.2	2:32	3.6	9:21	0.0	9:51	-0.3	6:55	4:49	
29	Mon	3:03	3.3	3:16	3.6	10:05	-0.1	10:33	-0.3	6:54	4:51	
30	Tue	3:45	3.4	4:01	3.6	10:52	-0.2	11:16	-0.3	6:54	4:52	
31	Wed	4:28	3.5	4:50	3.4	11:41	-0.2			6:53	4:53	