US HARBORS www.USHarbors.com

Pleasant Bay, South Orleans, MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:32	3.0	7:22	0.1	7:29	0.4	5:09	8:18	
2	Sun	12:41	3.7	1:23	3.1	8:13	-0.1	8:20	0.3	5:09	8:18	
3	Mon	1:31	3.8	2:15	3.2	9:04	-0.2	9:11	0.2	5:10	8:18	
4	Tue	2:23	3.9	3:08	3.3	9:55	-0.3	10:04	0.1	5:10	8:18	
5	Wed	3:17	4.0	4:02	3.4	10:47	-0.4	10:58	0.0	5:11	8:17	
6	Thu	4:12	4.0	4:55	3.4	11:38	-0.4	11:53	0.0	5:11	8:17	
7	Fri	5:07	3.9	5:49	3.5			12:30	-0.3	5:12	8:17	
8	Sat	6:04	3.7	6:44	3.5	12:49	0.0	1:23	-0.2	5:13	8:16	
9	Sun	7:03	3.6	7:41	3.5	1:48	0.1	2:18	-0.1	5:13	8:16	
10	Mon	8:04	3.4	8:38	3.5	2:50	0.1	3:14	0.1	5:14	8:16	
11	Tue	9:06	3.2	9:34	3.5	3:52	0.2	4:10	0.2	5:15	8:15	
12	Wed	10:10	3.1	10:31	3.5	4:54	0.2	5:07	0.4	5:16	8:15	
13	Thu	11:13	3.0	11:28	3.5	5:56	0.2	6:04	0.5	5:16	8:14	
14	Fri			12:12	3.0	6:56	0.2	6:59	0.5	5:17	8:13	
15	Sat	12:20	3.5	1:05	3.0	7:49	0.2	7:50	0.5	5:18	8:13	
16	Sun	1:08	3.5	1:52	3.0	8:37	0.1	8:36	0.5	5:19	8:12	
17	Mon	1:53	3.5	2:35	3.0	9:20	0.1	9:19	0.5	5:20	8:12	
18	Tue	2:35	3.5	3:16	3.0	10:01	0.1	10:01	0.5	5:20	8:11	
19	Wed	3:16	3.4	3:55	3.0	10:39	0.1	10:43	0.5	5:21	8:10	
20	Thu	3:56	3.4	4:33	3.0	11:17	0.2	11:24	0.5	5:22	8:09	
21	Fri	4:36	3.4	5:10	3.1	11:55	0.2			5:23	8:09	
22	Sat	5:16	3.3	5:48	3.1	12:05	0.5	12:32	0.3	5:24	8:08	
23	Sun	5:57	3.2	6:27	3.1	12:47	0.5	1:12	0.3	5:25	8:07	
24	Mon	6:40	3.1	7:08	3.1	1:32	0.5	1:53	0.4	5:26	8:06	
25	Tue	7:27	3.0	7:52	3.2	2:19	0.5	2:37	0.5	5:27	8:05	
26	Wed	8:17	2.9	8:39	3.2	3:09	0.5	3:24	0.5	5:28	8:04	
27	Thu	9:10	2.9	9:29	3.3	4:02	0.5	4:14	0.6	5:29	8:03	
28	Fri	10:07	2.9	10:23	3.4	4:58	0.4	5:08	0.5	5:30	8:02	
29	Sat	11:06	2.9	11:19	3.6	5:56	0.3	6:04	0.5	5:31	8:01	
30	Sun			12:05	3.0	6:54	0.1	7:02	0.4	5:32	8:00	
31	Mon	12:16	3.7	1:01	3.1	7:50	-0.1	7:58	0.2	5:33	7:59	