US HARBORS www.USHarbors.com

Pleasant Bay, South Orleans, MA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**10:29**	3.7	**11:11**	3.2	**5:11**	0.1	**5:58**	-0.2	7:07	4:20	
2	Wed	**11:27**	3.8			**6:11**	0.0	**6:56**	-0.4	7:07	4:21	
3	Thu	**12:10**	3.3	**12:23**	3.9	**7:07**	-0.1	**7:50**	-0.5	7:07	4:21	
4	Fri	**1:05**	3.3	**1:17**	3.9	**8:01**	-0.1	**8:42**	-0.5	7:07	4:22	
5	Sat	**1:58**	3.4	**2:09**	3.9	**8:53**	-0.1	**9:32**	-0.5	7:07	4:23	
6	Sun	**2:49**	3.4	**3:00**	3.8	**9:45**	-0.1	**10:19**	-0.4	7:06	4:24	
7	Mon	**3:38**	3.4	**3:50**	3.6	**10:35**	-0.1	**11:06**	-0.2	7:06	4:25	
8	Tue	**4:25**	3.3	**4:38**	3.4	**11:24**	0.1	**11:52**	-0.1	7:06	4:26	
9	Wed	**5:11**	3.3	**5:28**	3.2			**12:15**	0.2	7:06	4:27	
10	Thu	**5:59**	3.2	**6:20**	3.0	**12:39**	0.1	**1:07**	0.3	7:06	4:28	
11	Fri	**6:49**	3.1	**7:14**	2.9	**1:28**	0.3	**2:02**	0.4	7:05	4:29	
12	Sat	**7:40**	3.1	**8:10**	2.7	**2:18**	0.4	**2:58**	0.4	7:05	4:31	
13	Sun	**8:32**	3.0	**9:07**	2.7	**3:10**	0.5	**3:54**	0.5	7:05	4:32	
14	Mon	**9:26**	3.1	**10:05**	2.7	**4:02**	0.6	**4:51**	0.4	7:04	4:33	
15	Tue	**10:19**	3.1	**10:58**	2.7	**4:55**	0.6	**5:45**	0.4	7:04	4:34	
16	Wed	**11:08**	3.2	**11:46**	2.8	**5:47**	0.5	**6:33**	0.2	7:03	4:35	
17	Thu	**11:53**	3.3			**6:34**	0.4	**7:16**	0.1	7:03	4:36	
18	Fri	**12:29**	2.9	**12:35**	3.4	**7:18**	0.3	**7:56**	0.0	7:02	4:37	
19	Sat	**1:09**	3.0	**1:15**	3.5	**8:01**	0.2	**8:36**	-0.1	7:02	4:39	
20	Sun	**1:49**	3.1	**1:55**	3.5	**8:43**	0.1	**9:16**	-0.2	7:01	4:40	
21	Mon	**2:28**	3.2	**2:37**	3.6	**9:26**	0.0	**9:56**	-0.2	7:01	4:41	
22	Tue	**3:08**	3.3	**3:19**	3.6	**10:09**	0.0	**10:37**	-0.3	7:00	4:42	
23	Wed	**3:48**	3.4	**4:03**	3.5	**10:55**	-0.1	**11:20**	-0.2	6:59	4:43	
24	Thu	**4:31**	3.5	**4:51**	3.4	**11:43**	-0.1			6:58	4:45	
25	Fri	**5:18**	3.5	**5:42**	3.3	**12:06**	-0.2	**12:35**	-0.1	6:58	4:46	
26	Sat	**6:10**	3.5	**6:40**	3.1	**12:56**	-0.1	**1:32**	0.0	6:57	4:47	
27	Sun	**7:06**	3.5	**7:42**	3.0	**1:51**	0.0	**2:33**	0.0	6:56	4:49	
28	Mon	**8:07**	3.5	**8:48**	3.0	**2:50**	0.1	**3:36**	0.0	6:55	4:50	
29	Tue	**9:11**	3.5	**9:56**	3.0	**3:52**	0.2	**4:41**	0.0	6:54	4:51	
30	Wed	**10:16**	3.5	**11:02**	3.0	**4:55**	0.2	**5:45**	-0.1	6:53	4:52	
31	Thu	**11:18**	3.6			**5:58**	0.1	**6:44**	-0.2	6:52	4:54	