

































## Pleasant Bay, South Orleans, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:02	3.6	10:39	3.2	4:42	0.0	5:26	-0.2	7:07	4:20	
2	Mon	11:00	3.7	11:39	3.3	5:41	0.0	6:25	-0.3	7:07	4:21	
3	Tue	11:56	3.8			6:38	-0.1	7:20	-0.4	7:07	4:21	
4	Wed	12:35	3.4	12:48	3.8	7:32	-0.1	8:12	-0.5	7:07	4:22	
5	Thu	1:27	3.4	1:39	3.8	8:23	-0.1	9:01	-0.4	7:07	4:23	
6	Fri	2:17	3.4	2:28	3.8	9:12	-0.1	9:48	-0.4	7:06	4:24	
7	Sat	3:05	3.4	3:16	3.7	10:01	0.0	10:34	-0.3	7:06	4:25	
8	Sun	3:51	3.3	4:02	3.5	10:48	0.1	11:19	-0.1	7:06	4:26	
9	Mon	4:37	3.2	4:49	3.3	11:36	0.2			7:06	4:27	
10	Tue	5:22	3.2	5:37	3.2	12:04	0.0	12:25	0.3	7:06	4:28	
11	Wed	6:10	3.1	6:28	3.0	12:51	0.2	1:16	0.4	7:05	4:29	
12	Thu	6:59	3.0	7:21	2.9	1:39	0.3	2:10	0.5	7:05	4:31	
13	Fri	7:50	3.0	8:16	2.8	2:29	0.4	3:04	0.5	7:05	4:32	
14	Sat	8:41	3.0	9:12	2.7	3:20	0.5	3:59	0.5	7:04	4:33	
15	Sun	9:34	3.1	10:08	2.7	4:12	0.5	4:54	0.4	7:04	4:34	
16	Mon	10:25	3.2	11:01	2.8	5:04	0.5	5:46	0.3	7:03	4:35	
17	Tue	11:12	3.3	11:48	2.9	5:54	0.4	6:34	0.2	7:03	4:36	
18	Wed	11:57	3.4			6:41	0.3	7:18	0.0	7:02	4:37	
19	Thu	12:31	3.0	12:39	3.5	7:25	0.2	8:01	-0.1	7:02	4:39	
20	Fri	1:13	3.1	1:21	3.6	8:09	0.1	8:43	-0.3	7:01	4:40	
21	Sat	1:55	3.2	2:04	3.7	8:53	0.0	9:25	-0.4	7:00	4:41	
22	Sun	2:38	3.3	2:49	3.7	9:39	-0.1	10:09	-0.4	7:00	4:42	
23	Mon	3:21	3.4	3:35	3.7	10:25	-0.2	10:54	-0.4	6:59	4:44	
24	Tue	4:06	3.5	4:23	3.6	11:14	-0.2	11:41	-0.4	6:58	4:45	
25	Wed	4:54	3.5	5:15	3.5			12:06	-0.2	6:58	4:46	
26	Thu	5:45	3.5	6:11	3.4	12:31	-0.3	1:01	-0.1	6:57	4:47	
27	Fri	6:41	3.5	7:11	3.2	1:25	-0.1	2:01	-0.1	6:56	4:49	
28	Sat	7:40	3.5	8:15	3.1	2:23	0.0	3:03	0.0	6:55	4:50	
29	Sun	8:42	3.5	9:22	3.1	3:22	0.1	4:07	0.0	6:54	4:51	
30	Mon	9:46	3.5	10:29	3.1	4:24	0.1	5:11	-0.1	6:53	4:52	
31	Tue	10:49	3.5	11:30	3.1	5:26	0.1	6:13	-0.2	6:52	4:54	