

Plum Island Sound, South End, MA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:51	10.2	11:25	8.7	4:41	0.1	5:20	-0.8	7:13	4:19	
2	Fri	11:39	10.1			5:30	0.1	6:07	-0.7	7:13	4:20	
3	Sat	12:11	8.7	12:24	9.8	6:17	0.2	6:51	-0.5	7:13	4:21	
4	Sun	12:55	8.7	1:08	9.6	7:03	0.3	7:35	-0.3	7:13	4:22	
5	Mon	1:38	8.7	1:52	9.3	7:49	0.5	8:18	-0.1	7:13	4:23	
6	Tue	2:22	8.6	2:37	8.9	8:35	0.6	9:02	0.2	7:13	4:24	
7	Wed	3:06	8.6	3:23	8.6	9:23	0.8	9:47	0.5	7:13	4:25	
8	Thu	3:53	8.5	4:12	8.2	10:13	0.9	10:34	0.7	7:13	4:26	
9	Fri	4:41	8.5	5:04	7.9	11:05	1.0	11:24	1.0	7:13	4:27	
10	Sat	5:32	8.5	5:58	7.7			12:00	1.0	7:12	4:28	
11	Sun	6:24	8.5	6:53	7.5	12:15	1.1	12:54	1.0	7:12	4:29	
12	Mon	7:15	8.6	7:46	7.5	1:07	1.2	1:48	0.8	7:12	4:30	
13	Tue	8:06	8.8	8:38	7.6	1:58	1.2	2:39	0.6	7:11	4:31	
14	Wed	8:55	9.1	9:27	7.8	2:47	1.1	3:28	0.3	7:11	4:32	
15	Thu	9:43	9.4	10:15	8.1	3:35	0.9	4:15	0.0	7:11	4:33	
16	Fri	10:29	9.7	11:00	8.5	4:22	0.6	5:00	-0.3	7:10	4:35	
17	Sat	11:15	10.0	11:46	8.9	5:08	0.3	5:44	-0.7	7:10	4:36	
18	Sun			12:01	10.2	5:55	0.0	6:29	-0.9	7:09	4:37	
19	Mon	12:32	9.3	12:49	10.3	6:43	-0.3	7:15	-1.1	7:08	4:38	
20	Tue	1:19	9.6	1:39	10.3	7:33	-0.6	8:02	-1.1	7:08	4:39	
21	Wed	2:09	9.9	2:31	10.0	8:26	-0.7	8:52	-1.0	7:07	4:41	
22	Thu	3:01	10.1	3:25	9.7	9:21	-0.7	9:45	-0.8	7:06	4:42	
23	Fri	3:55	10.1	4:22	9.3	10:19	-0.6	10:40	-0.5	7:06	4:43	
24	Sat	4:52	10.1	5:23	8.9	11:20	-0.5	11:39	-0.2	7:05	4:44	
25	Sun	5:52	10.0	6:26	8.6			12:23	-0.4	7:04	4:46	
26	Mon	6:53	9.9	7:29	8.4	12:39	0.1	1:25	-0.3	7:03	4:47	
27	Tue	7:53	9.8	8:30	8.3	1:39	0.2	2:25	-0.3	7:02	4:48	
28	Wed	8:51	9.8	9:27	8.3	2:37	0.3	3:22	-0.4	7:02	4:50	
29	Thu	9:46	9.7	10:20	8.4	3:33	0.3	4:14	-0.4	7:01	4:51	
30	Fri	10:36	9.6	11:06	8.5	4:25	0.3	5:02	-0.4	7:00	4:52	
31	Sat	11:21	9.5	11:49	8.5	5:12	0.3	5:45	-0.3	6:59	4:54	