

Plum Island Sound, South End, MA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:56	9.9	4:25	10.3	10:15	-0.5	10:49	-0.4	5:35	8:03	
2	Mon	4:52	9.5	5:20	10.3	11:09	-0.3	11:48	-0.3	5:36	8:02	
3	Tue	5:50	9.2	6:18	10.3			12:06	0.0	5:37	8:01	
4	Wed	6:52	8.9	7:19	10.2	12:49	-0.3	1:06	0.2	5:38	8:00	
5	Thu	7:55	8.7	8:20	10.2	1:51	-0.2	2:07	0.3	5:39	7:58	
6	Fri	8:57	8.7	9:20	10.1	2:52	-0.2	3:06	0.3	5:40	7:57	
7	Sat	9:56	8.7	10:17	10.1	3:51	-0.3	4:04	0.3	5:41	7:56	
8	Sun	10:51	8.8	11:10	10.0	4:46	-0.3	4:59	0.3	5:42	7:54	
9	Mon	11:42	8.9	11:59	9.9	5:37	-0.3	5:49	0.2	5:43	7:53	
10	Tue			12:28	9.0	6:23	-0.3	6:37	0.2	5:44	7:52	
11	Wed	12:44	9.8	1:10	9.0	7:06	-0.1	7:22	0.3	5:45	7:50	
12	Thu	1:27	9.6	1:51	9.1	7:48	0.0	8:05	0.4	5:46	7:49	
13	Fri	2:09	9.3	2:32	9.1	8:29	0.2	8:49	0.5	5:47	7:47	
14	Sat	2:51	9.0	3:14	9.0	9:10	0.5	9:34	0.6	5:48	7:46	
15	Sun	3:34	8.8	3:57	9.0	9:53	0.7	10:20	0.8	5:49	7:45	
16	Mon	4:20	8.5	4:43	8.9	10:37	1.0	11:09	0.9	5:51	7:43	
17	Tue	5:08	8.2	5:31	8.8	11:25	1.2			5:52	7:42	
18	Wed	6:00	7.9	6:23	8.7	12:01	1.1	12:16	1.4	5:53	7:40	
19	Thu	6:54	7.7	7:17	8.7	12:56	1.2	1:10	1.5	5:54	7:39	
20	Fri	7:50	7.7	8:11	8.8	1:51	1.1	2:03	1.5	5:55	7:37	
21	Sat	8:44	7.8	9:04	9.0	2:45	1.0	2:56	1.4	5:56	7:35	
22	Sun	9:36	8.0	9:55	9.3	3:36	0.7	3:47	1.1	5:57	7:34	
23	Mon	10:25	8.4	10:44	9.6	4:25	0.4	4:37	0.8	5:58	7:32	
24	Tue	11:12	8.8	11:31	9.9	5:11	0.1	5:25	0.3	5:59	7:31	
25	Wed	11:58	9.3			5:56	-0.2	6:12	-0.1	6:00	7:29	
26	Thu	12:18	10.2	12:43	9.8	6:40	-0.5	7:00	-0.5	6:01	7:27	
27	Fri	1:05	10.3	1:30	10.3	7:25	-0.7	7:49	-0.8	6:02	7:26	
28	Sat	1:54	10.3	2:18	10.6	8:12	-0.8	8:40	-0.9	6:03	7:24	
29	Sun	2:45	10.2	3:09	10.7	9:01	-0.7	9:33	-0.9	6:05	7:22	
30	Mon	3:38	9.9	4:02	10.7	9:53	-0.5	10:29	-0.8	6:06	7:21	
31	Tue	4:33	9.5	4:58	10.5	10:48	-0.2	11:28	-0.6	6:07	7:19	