

































Plum Island Sound, South End, MA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:01	8.6	2:15	9.5	8:09	0.6	8:41	-0.2	7:13	4:20	
2	Tue	2:48	8.9	3:06	9.3	9:00	0.4	9:28	-0.2	7:13	4:20	
3	Wed	3:38	9.2	3:59	9.0	9:55	0.3	10:19	0.0	7:13	4:21	
4	Thu	4:30	9.4	4:57	8.7	10:54	0.1	11:13	0.2	7:13	4:22	
5	Fri	5:26	9.6	5:58	8.4	11:56	0.0			7:13	4:23	
6	Sat	6:25	9.8	7:00	8.3	12:11	0.3	12:58	-0.2	7:13	4:24	
7	Sun	7:24	10.0	8:02	8.2	1:10	0.4	2:00	-0.4	7:13	4:25	
8	Mon	8:23	10.1	9:03	8.2	2:09	0.4	2:59	-0.6	7:13	4:26	
9	Tue	9:21	10.2	10:00	8.3	3:07	0.3	3:56	-0.7	7:12	4:27	
10	Wed	10:16	10.3	10:54	8.5	4:03	0.2	4:50	-0.8	7:12	4:28	
11	Thu	11:09	10.3	11:44	8.6	4:57	0.1	5:40	-0.8	7:12	4:29	
12	Fri	11:58	10.1			5:48	0.1	6:27	-0.7	7:11	4:31	
13	Sat	12:32	8.7	12:46	9.9	6:38	0.1	7:13	-0.6	7:11	4:32	
14	Sun	1:18	8.8	1:32	9.5	7:26	0.2	7:57	-0.3	7:11	4:33	
15	Mon	2:03	8.8	2:18	9.1	8:14	0.3	8:41	0.0	7:10	4:34	
16	Tue	2:47	8.8	3:05	8.7	9:03	0.5	9:26	0.3	7:10	4:35	
17	Wed	3:33	8.7	3:53	8.3	9:52	0.7	10:11	0.7	7:09	4:36	
18	Thu	4:19	8.6	4:44	7.8	10:44	0.8	11:00	1.0	7:09	4:38	
19	Fri	5:09	8.5	5:37	7.5	11:38	1.0	11:50	1.3	7:08	4:39	
20	Sat	6:00	8.4	6:32	7.2			12:33	1.0	7:07	4:40	
21	Sun	6:53	8.4	7:27	7.1	12:43	1.5	1:28	1.0	7:07	4:41	
22	Mon	7:45	8.5	8:21	7.1	1:35	1.6	2:21	0.9	7:06	4:43	
23	Tue	8:36	8.6	9:12	7.2	2:26	1.6	3:12	0.8	7:05	4:44	
24	Wed	9:25	8.8	9:59	7.4	3:16	1.4	4:00	0.5	7:04	4:45	
25	Thu	10:11	9.1	10:43	7.7	4:02	1.2	4:44	0.3	7:04	4:46	
26	Fri	10:55	9.4	11:26	8.1	4:47	0.9	5:26	0.0	7:03	4:48	
27	Sat	11:38	9.6			5:31	0.6	6:07	-0.3	7:02	4:49	
28	Sun	12:08	8.5	12:22	9.7	6:15	0.3	6:48	-0.4	7:01	4:50	
29	Mon	12:51	8.9	1:07	9.7	7:01	0.0	7:30	-0.5	7:00	4:52	
30	Tue	1:35	9.3	1:55	9.6	7:50	-0.2	8:15	-0.5	6:59	4:53	
31	Wed	2:22	9.6	2:46	9.4	8:41	-0.4	9:02	-0.4	6:58	4:54	