

































## Plum Island Sound, South End, MA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:58	10.3	2:27	9.4	8:23	-1.0	8:38	-0.3	6:18	5:32	
2	Fri	2:49	10.4	3:21	9.0	9:17	-0.8	9:31	-0.1	6:17	5:33	
3	Sat	3:43	10.2	4:19	8.6	10:15	-0.6	10:29	0.3	6:15	5:34	
4	Sun	4:42	10.0	5:21	8.2	11:17	-0.3	11:31	0.6	6:13	5:36	
5	Mon	5:45	9.7	6:26	8.0			12:21	0.0	6:12	5:37	
6	Tue	6:50	9.5	7:31	8.0	12:36	0.7	1:25	0.1	6:10	5:38	
7	Wed	7:55	9.4	8:33	8.1	1:40	0.7	2:26	0.1	6:08	5:39	
8	Thu	8:55	9.3	9:30	8.3	2:41	0.6	3:23	0.1	6:07	5:40	
9	Fri	9:50	9.3	10:20	8.6	3:37	0.5	4:13	0.0	6:05	5:42	
10	Sat	10:39	9.2	11:03	8.8	4:29	0.3	4:58	0.1	6:03	5:43	
11	Sun	11:22	9.1	11:43	8.9	5:15	0.2	5:38	0.2	6:01	5:44	
12	Mon			12:02	8.9	5:57	0.2	6:17	0.3	6:00	5:45	
13	Tue	12:20	9.0	12:41	8.8	6:38	0.2	6:54	0.5	5:58	5:46	
14	Wed	12:57	9.0	1:21	8.5	7:18	0.2	7:32	0.7	5:56	5:48	
15	Thu	1:35	9.0	2:01	8.3	8:00	0.3	8:12	0.9	5:55	5:49	
16	Fri	2:16	8.9	2:44	8.1	8:43	0.5	8:53	1.2	5:53	5:50	
17	Sat	2:59	8.8	3:29	7.8	9:28	0.7	9:38	1.4	5:51	5:51	
18	Sun	3:46	8.7	4:19	7.5	10:18	0.9	10:28	1.6	5:49	5:52	
19	Mon	4:37	8.5	5:12	7.3	11:12	1.1	11:22	1.8	5:48	5:53	
20	Tue	5:32	8.4	6:09	7.3			12:09	1.2	5:46	5:55	
21	Wed	6:29	8.4	7:06	7.4	12:20	1.8	1:05	1.1	5:44	5:56	
22	Thu	7:26	8.6	8:00	7.7	1:17	1.6	1:59	0.9	5:42	5:57	
23	Fri	8:20	8.8	8:51	8.2	2:12	1.2	2:49	0.6	5:41	5:58	
24	Sat	9:12	9.1	9:39	8.8	3:05	0.8	3:37	0.3	5:39	5:59	
25	Sun	10:02	9.4	10:25	9.4	3:55	0.2	4:22	0.0	5:37	6:00	
26	Mon	10:50	9.7	11:11	10.0	4:44	-0.4	5:06	-0.3	5:35	6:01	
27	Tue	11:38	9.8	11:57	10.5	5:33	-0.9	5:51	-0.4	5:33	6:03	
28	Wed			12:27	9.8	6:22	-1.2	6:37	-0.5	5:32	6:04	
29	Thu	12:45	10.8	1:17	9.6	7:12	-1.3	7:26	-0.4	5:30	6:05	
30	Fri	1:35	10.9	2:10	9.4	8:05	-1.2	8:17	-0.2	5:28	6:06	
31	Sat	2:28	10.7	3:04	9.0	9:00	-1.0	9:13	0.1	5:26	6:07	