

































## Plum Island Sound, South End, MA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:00	8.1	7:26	8.9	12:59	1.0	1:14	1.2	5:08	8:25	
2	Mon	7:56	7.8	8:17	8.9	1:54	1.0	2:05	1.4	5:09	8:24	
3	Tue	8:49	7.6	9:06	8.9	2:48	1.0	2:55	1.6	5:09	8:24	
4	Wed	9:41	7.5	9:54	8.9	3:39	1.0	3:44	1.7	5:10	8:24	
5	Thu	10:29	7.5	10:40	9.0	4:28	0.9	4:31	1.7	5:11	8:24	
6	Fri	11:15	7.6	11:23	9.1	5:14	0.8	5:16	1.6	5:11	8:23	
7	Sat	11:57	7.7			5:57	0.7	5:59	1.5	5:12	8:23	
8	Sun	12:05	9.2	12:37	7.8	6:38	0.5	6:40	1.4	5:13	8:23	
9	Mon	12:46	9.4	1:18	8.1	7:18	0.4	7:21	1.3	5:13	8:22	
10	Tue	1:27	9.5	1:59	8.3	7:58	0.3	8:04	1.1	5:14	8:22	
11	Wed	2:10	9.5	2:41	8.6	8:38	0.2	8:50	0.9	5:15	8:21	
12	Thu	2:55	9.5	3:26	8.9	9:20	0.2	9:38	0.7	5:16	8:21	
13	Fri	3:42	9.3	4:12	9.2	10:04	0.2	10:29	0.5	5:16	8:20	
14	Sat	4:33	9.1	5:02	9.5	10:51	0.3	11:25	0.4	5:17	8:20	
15	Sun	5:27	8.9	5:55	9.7	11:42	0.4			5:18	8:19	
16	Mon	6:25	8.6	6:52	9.9	12:23	0.3	12:37	0.6	5:19	8:18	
17	Tue	7:26	8.4	7:50	10.1	1:25	0.1	1:36	0.6	5:20	8:18	
18	Wed	8:28	8.3	8:50	10.3	2:26	-0.1	2:35	0.6	5:21	8:17	
19	Thu	9:29	8.4	9:49	10.4	3:26	-0.3	3:34	0.5	5:22	8:16	
20	Fri	10:28	8.5	10:46	10.6	4:25	-0.5	4:33	0.4	5:22	8:16	
21	Sat	11:24	8.7	11:41	10.6	5:21	-0.6	5:29	0.2	5:23	8:15	
22	Sun			12:17	8.9	6:13	-0.7	6:22	0.1	5:24	8:14	
23	Mon	12:34	10.5	1:07	9.1	7:03	-0.7	7:14	0.1	5:25	8:13	
24	Tue	1:23	10.3	1:55	9.2	7:50	-0.6	8:05	0.1	5:26	8:12	
25	Wed	2:12	10.0	2:42	9.3	8:36	-0.4	8:55	0.2	5:27	8:11	
26	Thu	3:00	9.6	3:28	9.3	9:21	-0.1	9:44	0.4	5:28	8:10	
27	Fri	3:48	9.1	4:14	9.2	10:07	0.3	10:34	0.6	5:29	8:09	
28	Sat	4:36	8.7	5:01	9.0	10:53	0.7	11:26	0.8	5:30	8:08	
29	Sun	5:26	8.2	5:51	8.9	11:41	1.1			5:31	8:07	
30	Mon	6:19	7.8	6:42	8.7	12:19	1.0	12:32	1.4	5:32	8:06	
31	Tue	7:15	7.5	7:36	8.7	1:14	1.1	1:25	1.6	5:33	8:05	