

































Plum Island Sound, South End, MA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:41	10.5			5:33	-1.1	6:00	-1.2	6:18	5:32	
2	Tue	12:06	10.4	12:31	10.3	6:25	-1.3	6:48	-1.1	6:16	5:33	
3	Wed	12:55	10.6	1:22	10.0	7:16	-1.3	7:36	-0.9	6:15	5:34	
4	Thu	1:44	10.5	2:12	9.5	8:08	-1.1	8:25	-0.5	6:13	5:36	
5	Fri	2:33	10.3	3:04	9.0	9:00	-0.8	9:15	0.0	6:11	5:37	
6	Sat	3:25	9.9	3:57	8.5	9:53	-0.3	10:08	0.5	6:10	5:38	
7	Sun	4:18	9.5	4:53	8.0	10:49	0.2	11:03	0.9	6:08	5:39	
8	Mon	5:15	9.0	5:52	7.6	11:48	0.6			6:06	5:41	
9	Tue	6:14	8.7	6:51	7.5	12:02	1.2	12:47	0.8	6:05	5:42	
10	Wed	7:13	8.5	7:49	7.4	1:00	1.4	1:44	0.9	6:03	5:43	
11	Thu	8:09	8.5	8:42	7.6	1:57	1.4	2:37	0.9	6:01	5:44	
12	Fri	9:01	8.5	9:29	7.8	2:50	1.3	3:26	0.9	5:59	5:45	
13	Sat	9:47	8.5	10:12	8.0	3:39	1.1	4:09	0.8	5:58	5:46	
14	Sun	11:29	8.6	11:50	8.3	5:23	0.9	5:49	0.7	6:56	6:48	
15	Mon			12:08	8.6	6:04	0.7	6:26	0.7	6:54	6:49	
16	Tue	12:26	8.6	12:46	8.7	6:44	0.5	7:02	0.7	6:53	6:50	
17	Wed	1:02	8.8	1:25	8.7	7:23	0.3	7:38	0.7	6:51	6:51	
18	Thu	1:40	9.1	2:05	8.6	8:02	0.2	8:15	0.7	6:49	6:52	
19	Fri	2:19	9.2	2:47	8.5	8:44	0.1	8:54	0.8	6:47	6:54	
20	Sat	3:02	9.4	3:32	8.4	9:28	0.1	9:38	0.9	6:46	6:55	
21	Sun	3:48	9.4	4:21	8.2	10:17	0.2	10:26	1.0	6:44	6:56	
22	Mon	4:38	9.4	5:14	8.1	11:11	0.2	11:21	1.0	6:42	6:57	
23	Tue	5:34	9.4	6:13	8.0			12:09	0.3	6:40	6:58	
24	Wed	6:35	9.4	7:14	8.2	12:22	1.0	1:11	0.3	6:38	6:59	
25	Thu	7:38	9.5	8:16	8.5	1:26	0.8	2:11	0.1	6:37	7:00	
26	Fri	8:40	9.6	9:15	8.9	2:30	0.5	3:10	-0.1	6:35	7:02	
27	Sat	9:40	9.8	10:11	9.5	3:31	0.1	4:05	-0.4	6:33	7:03	
28	Sun	10:38	10.0	11:04	10.0	4:29	-0.4	4:58	-0.6	6:31	7:04	
29	Mon	11:32	10.0	11:54	10.4	5:24	-0.9	5:47	-0.7	6:30	7:05	
30	Tue			12:23	10.0	6:16	-1.2	6:35	-0.7	6:28	7:06	
31	Wed	12:42	10.6	1:12	9.8	7:06	-1.3	7:22	-0.5	6:26	7:07	