





























Plum Island Sound, South End, MA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:10	8.4	4:33	8.8	10:26	1.0	10:57	1.0	5:34	8:04	
2	Mon	4:57	8.2	5:21	8.8	11:11	1.2	11:48	1.1	5:35	8:02	
3	Tue	5:48	7.9	6:11	8.9			12:00	1.4	5:37	8:01	
4	Wed	6:43	7.7	7:05	9.0	12:44	1.1	12:53	1.5	5:38	8:00	
5	Thu	7:40	7.7	8:01	9.2	1:41	0.9	1:49	1.4	5:39	7:59	
6	Fri	8:37	7.8	8:57	9.5	2:38	0.7	2:45	1.3	5:40	7:57	
7	Sat	9:33	8.1	9:52	9.9	3:33	0.4	3:41	0.9	5:41	7:56	
8	Sun	10:28	8.5	10:47	10.3	4:27	0.0	4:36	0.5	5:42	7:55	
9	Mon	11:20	9.0	11:40	10.6	5:18	-0.5	5:30	0.0	5:43	7:53	
10	Tue			12:11	9.5	6:08	-0.8	6:22	-0.5	5:44	7:52	
11	Wed	12:31	10.8	1:01	10.0	6:56	-1.0	7:15	-0.8	5:45	7:51	
12	Thu	1:23	10.8	1:50	10.4	7:44	-1.1	8:08	-1.0	5:46	7:49	
13	Fri	2:15	10.6	2:41	10.6	8:34	-1.0	9:02	-1.0	5:47	7:48	
14	Sat	3:07	10.2	3:33	10.6	9:24	-0.8	9:57	-0.8	5:48	7:46	
15	Sun	4:01	9.7	4:26	10.5	10:16	-0.4	10:53	-0.5	5:49	7:45	
16	Mon	4:57	9.2	5:22	10.2	11:10	0.0	11:52	-0.2	5:50	7:43	
17	Tue	5:56	8.6	6:20	9.8			12:07	0.5	5:51	7:42	
18	Wed	6:57	8.2	7:21	9.5	12:53	0.2	1:06	0.8	5:53	7:40	
19	Thu	7:59	8.0	8:21	9.3	1:54	0.4	2:06	1.1	5:54	7:39	
20	Fri	8:59	7.8	9:18	9.1	2:53	0.6	3:03	1.2	5:55	7:37	
21	Sat	9:54	7.8	10:11	9.1	3:49	0.7	3:58	1.2	5:56	7:36	
22	Sun	10:44	7.9	10:58	9.0	4:39	0.7	4:47	1.2	5:57	7:34	
23	Mon	11:27	8.1	11:41	9.0	5:24	0.7	5:32	1.1	5:58	7:33	
24	Tue			12:06	8.2	6:04	0.6	6:14	1.0	5:59	7:31	
25	Wed	12:20	9.0	12:42	8.4	6:41	0.7	6:54	0.9	6:00	7:29	
26	Thu	12:57	8.9	1:18	8.6	7:17	0.7	7:33	0.8	6:01	7:28	
27	Fri	1:35	8.8	1:54	8.8	7:53	0.8	8:13	0.7	6:02	7:26	
28	Sat	2:14	8.7	2:33	8.9	8:30	0.9	8:54	0.7	6:03	7:24	
29	Sun	2:55	8.6	3:13	9.0	9:09	1.0	9:37	0.7	6:04	7:23	
30	Mon	3:39	8.4	3:57	9.0	9:49	1.1	10:23	0.8	6:05	7:21	
31	Tue	4:25	8.1	4:44	9.0	10:34	1.3	11:14	0.8	6:06	7:19	