

































## Plum Island Sound, South End, MA - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:31	8.1	3:46	8.5	9:44	1.2	10:13	0.7	7:13	4:19	
2	Thu	4:19	8.1	4:36	8.2	10:36	1.3	11:02	0.9	7:13	4:20	
3	Fri	5:09	8.1	5:30	7.9	11:30	1.3	11:52	1.1	7:13	4:21	
4	Sat	6:00	8.2	6:24	7.7			12:25	1.2	7:13	4:22	
5	Sun	6:50	8.4	7:19	7.6	12:43	1.2	1:19	1.0	7:13	4:23	
6	Mon	7:40	8.6	8:11	7.6	1:32	1.3	2:11	0.8	7:13	4:24	
7	Tue	8:29	8.9	9:02	7.7	2:21	1.2	3:02	0.5	7:13	4:25	
8	Wed	9:16	9.2	9:50	7.9	3:09	1.1	3:50	0.2	7:13	4:26	
9	Thu	10:03	9.5	10:37	8.1	3:55	1.0	4:37	-0.2	7:12	4:27	
10	Fri	10:49	9.9	11:24	8.4	4:41	0.7	5:22	-0.5	7:12	4:28	
11	Sat	11:35	10.2			5:27	0.4	6:08	-0.8	7:12	4:29	
12	Sun	12:10	8.7	12:23	10.4	6:15	0.2	6:55	-1.0	7:11	4:30	
13	Mon	12:58	9.0	1:13	10.4	7:04	-0.1	7:43	-1.1	7:11	4:31	
14	Tue	1:48	9.2	2:05	10.3	7:57	-0.2	8:33	-1.1	7:11	4:33	
15	Wed	2:39	9.5	2:59	10.1	8:52	-0.3	9:24	-0.9	7:10	4:34	
16	Thu	3:33	9.6	3:55	9.7	9:50	-0.3	10:18	-0.7	7:10	4:35	
17	Fri	4:28	9.7	4:54	9.2	10:50	-0.3	11:14	-0.4	7:09	4:36	
18	Sat	5:26	9.8	5:56	8.8	11:53	-0.3			7:09	4:37	
19	Sun	6:26	9.8	6:59	8.5	12:12	-0.1	12:55	-0.3	7:08	4:38	
20	Mon	7:25	9.8	8:00	8.3	1:11	0.2	1:56	-0.3	7:07	4:40	
21	Tue	8:22	9.8	9:00	8.2	2:08	0.4	2:54	-0.3	7:07	4:41	
22	Wed	9:17	9.7	9:55	8.1	3:04	0.5	3:49	-0.3	7:06	4:42	
23	Thu	10:09	9.6	10:44	8.1	3:57	0.6	4:39	-0.3	7:05	4:44	
24	Fri	10:56	9.6	11:29	8.1	4:46	0.6	5:25	-0.2	7:05	4:45	
25	Sat	11:40	9.4			5:31	0.7	6:08	-0.1	7:04	4:46	
26	Sun	12:11	8.1	12:21	9.3	6:15	0.7	6:49	0.0	7:03	4:47	
27	Mon	12:51	8.1	1:02	9.1	6:58	0.8	7:29	0.1	7:02	4:49	
28	Tue	1:31	8.2	1:44	8.9	7:40	0.8	8:10	0.3	7:01	4:50	
29	Wed	2:12	8.2	2:26	8.7	8:24	0.8	8:51	0.4	7:00	4:51	
30	Thu	2:54	8.3	3:11	8.4	9:10	0.9	9:34	0.7	6:59	4:53	
31	Fri	3:38	8.3	3:58	8.1	9:58	1.0	10:19	0.9	6:58	4:54	