

































Plum Island Sound, South End, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:50	9.3	7:22	8.1	12:35	0.3	1:18	0.2	7:13	4:19	
2	Mon	7:45	9.3	8:20	7.8	1:30	0.6	2:15	0.2	7:13	4:20	
3	Tue	8:37	9.2	9:13	7.7	2:23	0.9	3:09	0.2	7:13	4:21	
4	Wed	9:26	9.2	10:02	7.6	3:14	1.1	3:58	0.3	7:13	4:22	
5	Thu	10:11	9.1	10:47	7.5	4:01	1.2	4:44	0.3	7:13	4:23	
6	Fri	10:53	9.0	11:27	7.5	4:45	1.3	5:25	0.3	7:13	4:24	
7	Sat	11:33	9.0			5:27	1.3	6:05	0.4	7:13	4:25	
8	Sun	12:05	7.6	12:13	9.0	6:07	1.3	6:45	0.4	7:12	4:26	
9	Mon	12:44	7.6	12:52	9.0	6:47	1.3	7:24	0.4	7:12	4:27	
10	Tue	1:24	7.7	1:33	8.9	7:29	1.2	8:03	0.4	7:12	4:28	
11	Wed	2:05	7.9	2:16	8.7	8:12	1.2	8:44	0.5	7:12	4:29	
12	Thu	2:47	8.0	3:01	8.5	8:57	1.2	9:25	0.6	7:11	4:31	
13	Fri	3:31	8.2	3:48	8.3	9:46	1.1	10:09	0.8	7:11	4:32	
14	Sat	4:18	8.4	4:39	8.1	10:38	1.0	10:57	0.9	7:11	4:33	
15	Sun	5:07	8.5	5:34	7.8	11:33	0.9	11:47	1.1	7:10	4:34	
16	Mon	6:00	8.8	6:32	7.7			12:31	0.7	7:10	4:35	
17	Tue	6:54	9.1	7:30	7.7	12:41	1.1	1:29	0.4	7:09	4:36	
18	Wed	7:49	9.4	8:28	7.9	1:36	1.0	2:26	0.0	7:08	4:38	
19	Thu	8:45	9.8	9:24	8.1	2:32	0.8	3:22	-0.4	7:08	4:39	
20	Fri	9:41	10.3	10:20	8.4	3:28	0.5	4:17	-0.8	7:07	4:40	
21	Sat	10:35	10.6	11:13	8.8	4:23	0.1	5:10	-1.1	7:07	4:41	
22	Sun	11:29	10.8			5:17	-0.2	6:01	-1.3	7:06	4:43	
23	Mon	12:04	9.1	12:21	10.8	6:11	-0.5	6:51	-1.4	7:05	4:44	
24	Tue	12:56	9.4	1:14	10.7	7:05	-0.6	7:41	-1.3	7:04	4:45	
25	Wed	1:47	9.6	2:07	10.3	8:00	-0.7	8:31	-1.1	7:03	4:46	
26	Thu	2:39	9.7	3:01	9.8	8:55	-0.6	9:22	-0.7	7:03	4:48	
27	Fri	3:31	9.7	3:56	9.2	9:51	-0.3	10:13	-0.3	7:02	4:49	
28	Sat	4:25	9.6	4:52	8.6	10:49	-0.1	11:07	0.2	7:01	4:50	
29	Sun	5:20	9.3	5:51	8.0	11:48	0.2			7:00	4:52	
30	Mon	6:16	9.1	6:51	7.6	12:02	0.7	12:47	0.4	6:59	4:53	
31	Tue	7:12	8.9	7:50	7.4	12:58	1.0	1:45	0.5	6:58	4:54	