

































## Plum Island Sound, South End, MA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:30	9.1	5:03	8.7	10:55	0.4	11:19	1.1	5:09	8:25	
2	Wed	5:22	8.6	5:53	8.7	11:43	0.8			5:09	8:24	
3	Thu	6:15	8.2	6:44	8.6	12:14	1.2	12:33	1.1	5:10	8:24	
4	Fri	7:10	7.8	7:34	8.7	1:09	1.2	1:24	1.4	5:10	8:24	
5	Sat	8:04	7.6	8:24	8.7	2:03	1.2	2:14	1.6	5:11	8:24	
6	Sun	8:57	7.5	9:13	8.8	2:56	1.1	3:03	1.7	5:12	8:23	
7	Mon	9:48	7.4	10:00	8.9	3:47	1.0	3:52	1.8	5:12	8:23	
8	Tue	10:36	7.5	10:46	9.0	4:36	0.9	4:38	1.7	5:13	8:23	
9	Wed	11:22	7.5	11:30	9.2	5:22	0.7	5:23	1.6	5:14	8:22	
10	Thu			12:04	7.7	6:05	0.6	6:06	1.5	5:15	8:22	
11	Fri	12:13	9.4	12:46	7.9	6:47	0.4	6:48	1.3	5:15	8:21	
12	Sat	12:55	9.6	1:28	8.2	7:28	0.2	7:31	1.1	5:16	8:21	
13	Sun	1:38	9.7	2:11	8.5	8:09	0.1	8:17	0.9	5:17	8:20	
14	Mon	2:24	9.7	2:56	8.8	8:52	0.0	9:05	0.7	5:18	8:20	
15	Tue	3:11	9.7	3:43	9.2	9:37	-0.1	9:57	0.5	5:19	8:19	
16	Wed	4:02	9.5	4:33	9.5	10:23	0.0	10:52	0.3	5:19	8:18	
17	Thu	4:55	9.2	5:25	9.7	11:13	0.1	11:50	0.2	5:20	8:17	
18	Fri	5:52	8.9	6:20	9.9			12:07	0.3	5:21	8:17	
19	Sat	6:53	8.6	7:18	10.0	12:51	0.1	1:04	0.5	5:22	8:16	
20	Sun	7:55	8.4	8:17	10.2	1:52	0.0	2:03	0.6	5:23	8:15	
21	Mon	8:56	8.3	9:17	10.2	2:54	-0.2	3:02	0.7	5:24	8:14	
22	Tue	9:57	8.3	10:15	10.3	3:54	-0.3	4:01	0.6	5:25	8:13	
23	Wed	10:55	8.4	11:11	10.3	4:51	-0.4	4:57	0.6	5:26	8:13	
24	Thu	11:49	8.5			5:45	-0.4	5:51	0.5	5:27	8:12	
25	Fri	12:04	10.3	12:39	8.6	6:35	-0.4	6:42	0.4	5:28	8:11	
26	Sat	12:53	10.2	1:26	8.7	7:22	-0.3	7:31	0.5	5:29	8:10	
27	Sun	1:40	9.9	2:11	8.8	8:07	-0.2	8:20	0.5	5:30	8:09	
28	Mon	2:26	9.6	2:55	8.8	8:50	0.1	9:07	0.6	5:31	8:08	
29	Tue	3:11	9.2	3:39	8.8	9:34	0.3	9:55	0.8	5:32	8:07	
30	Wed	3:57	8.8	4:23	8.8	10:17	0.7	10:44	0.9	5:33	8:05	
31	Thu	4:45	8.4	5:09	8.7	11:02	1.0	11:34	1.1	5:34	8:04	