

































Plum Island Sound, South End, MA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:00	10.3	9:40	8.4	2:46	0.4	3:37	-0.8	7:13	4:20	
2	Fri	9:56	10.6	10:36	8.6	3:43	0.2	4:32	-1.0	7:13	4:21	
3	Sat	10:51	10.7	11:29	8.8	4:39	0.0	5:25	-1.1	7:13	4:22	
4	Sun	11:44	10.7			5:32	-0.1	6:16	-1.1	7:13	4:22	
5	Mon	12:20	8.9	12:35	10.5	6:25	-0.1	7:06	-1.0	7:13	4:23	
6	Tue	1:11	9.0	1:26	10.2	7:18	-0.1	7:54	-0.8	7:13	4:24	
7	Wed	2:01	9.0	2:17	9.7	8:10	0.0	8:42	-0.5	7:13	4:25	
8	Thu	2:50	9.0	3:08	9.2	9:03	0.2	9:30	-0.1	7:12	4:26	
9	Fri	3:39	8.9	3:59	8.6	9:56	0.4	10:19	0.3	7:12	4:28	
10	Sat	4:29	8.8	4:52	8.1	10:51	0.6	11:09	0.7	7:12	4:29	
11	Sun	5:20	8.7	5:47	7.7	11:46	0.8			7:12	4:30	
12	Mon	6:12	8.6	6:43	7.4	12:00	1.1	12:42	0.9	7:11	4:31	
13	Tue	7:04	8.5	7:38	7.2	12:52	1.3	1:37	0.9	7:11	4:32	
14	Wed	7:55	8.5	8:31	7.1	1:44	1.5	2:30	0.9	7:10	4:33	
15	Thu	8:45	8.6	9:21	7.2	2:34	1.6	3:20	0.8	7:10	4:34	
16	Fri	9:32	8.7	10:07	7.3	3:23	1.5	4:07	0.6	7:09	4:35	
17	Sat	10:17	8.9	10:50	7.4	4:08	1.4	4:50	0.5	7:09	4:37	
18	Sun	10:59	9.0	11:30	7.6	4:51	1.3	5:31	0.3	7:08	4:38	
19	Mon	11:39	9.2			5:33	1.1	6:10	0.2	7:08	4:39	
20	Tue	12:10	7.9	12:20	9.3	6:14	0.9	6:49	0.0	7:07	4:40	
21	Wed	12:50	8.2	1:02	9.3	6:57	0.7	7:29	-0.1	7:06	4:42	
22	Thu	1:32	8.6	1:46	9.3	7:41	0.5	8:10	-0.1	7:06	4:43	
23	Fri	2:15	8.9	2:34	9.1	8:29	0.3	8:53	0.0	7:05	4:44	
24	Sat	3:01	9.2	3:24	8.9	9:20	0.2	9:39	0.1	7:04	4:45	
25	Sun	3:51	9.4	4:18	8.6	10:15	0.1	10:31	0.3	7:03	4:47	
26	Mon	4:44	9.5	5:17	8.2	11:14	0.0	11:27	0.5	7:02	4:48	
27	Tue	5:42	9.6	6:19	8.0			12:17	0.0	7:02	4:49	
28	Wed	6:42	9.7	7:22	7.9	12:27	0.6	1:20	-0.1	7:01	4:51	
29	Thu	7:44	9.9	8:25	8.0	1:29	0.6	2:22	-0.3	7:00	4:52	
30	Fri	8:45	10.0	9:25	8.2	2:30	0.5	3:22	-0.5	6:59	4:53	
31	Sat	9:44	10.2	10:22	8.4	3:30	0.3	4:18	-0.7	6:58	4:55	