

































Plum Island Sound, South End, MA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:32	9.7	10:06	8.6	3:18	0.4	4:00	-0.3	6:18	5:32	
2	Mon	10:26	9.7	10:56	8.9	4:14	0.1	4:50	-0.4	6:16	5:33	
3	Tue	11:15	9.7	11:40	9.1	5:05	-0.1	5:35	-0.4	6:14	5:35	
4	Wed			12:00	9.5	5:53	-0.2	6:17	-0.2	6:13	5:36	
5	Thu	12:22	9.3	12:43	9.2	6:38	-0.2	6:58	0.0	6:11	5:37	
6	Fri	1:02	9.3	1:25	8.9	7:21	-0.1	7:38	0.3	6:09	5:38	
7	Sat	1:42	9.2	2:07	8.6	8:05	0.1	8:19	0.6	6:08	5:39	
8	Sun	3:24	9.1	3:51	8.2	9:49	0.3	10:02	0.9	7:06	6:41	
9	Mon	4:07	8.9	4:37	7.8	10:36	0.6	10:47	1.3	7:04	6:42	
10	Tue	4:54	8.7	5:27	7.5	11:26	0.9	11:37	1.6	7:03	6:43	
11	Wed	5:45	8.5	6:20	7.2			12:20	1.1	7:01	6:44	
12	Thu	6:40	8.3	7:18	7.1	12:31	1.8	1:17	1.2	6:59	6:45	
13	Fri	7:38	8.3	8:15	7.1	1:28	1.8	2:14	1.2	6:58	6:47	
14	Sat	8:34	8.4	9:09	7.3	2:24	1.8	3:08	1.1	6:56	6:48	
15	Sun	9:27	8.5	9:59	7.6	3:18	1.6	3:58	0.9	6:54	6:49	
16	Mon	10:17	8.8	10:45	8.1	4:09	1.2	4:44	0.6	6:52	6:50	
17	Tue	11:03	9.0	11:28	8.6	4:57	0.8	5:27	0.4	6:51	6:51	
18	Wed	11:48	9.3			5:43	0.3	6:08	0.1	6:49	6:52	
19	Thu	12:10	9.2	12:33	9.4	6:28	-0.1	6:48	0.0	6:47	6:54	
20	Fri	12:52	9.7	1:18	9.5	7:13	-0.5	7:30	-0.1	6:45	6:55	
21	Sat	1:35	10.1	2:04	9.4	7:59	-0.8	8:14	-0.1	6:44	6:56	
22	Sun	2:22	10.3	2:54	9.3	8:49	-0.9	9:01	0.0	6:42	6:57	
23	Mon	3:11	10.4	3:46	9.0	9:41	-0.8	9:53	0.2	6:40	6:58	
24	Tue	4:04	10.3	4:42	8.7	10:37	-0.6	10:49	0.4	6:38	6:59	
25	Wed	5:02	10.1	5:42	8.3	11:37	-0.3	11:51	0.7	6:37	7:01	
26	Thu	6:04	9.8	6:46	8.2			12:41	0.0	6:35	7:02	
27	Fri	7:10	9.5	7:52	8.2	12:56	0.8	1:45	0.1	6:33	7:03	
28	Sat	8:16	9.4	8:55	8.4	2:03	0.8	2:47	0.1	6:31	7:04	
29	Sun	9:19	9.3	9:54	8.6	3:06	0.6	3:45	0.1	6:29	7:05	
30	Mon	10:17	9.3	10:46	8.9	4:05	0.4	4:38	0.1	6:28	7:06	
31	Tue	11:09	9.2	11:32	9.2	4:59	0.2	5:25	0.1	6:26	7:07	