US HARBORS www.USHarbors.com

Plum Island Sound, South End, MA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**8:24**	10.3	**9:01**	8.6	**2:11**	0.2	**2:58**	-0.7	7:13	4:20	
2	Wed	**9:21**	10.5	**9:59**	8.8	**3:08**	0.0	**3:55**	-1.0	7:13	4:21	
3	Thu	**10:16**	10.6	**10:53**	8.9	**4:04**	-0.1	**4:48**	-1.1	7:13	4:22	
4	Fri	**11:09**	10.6	**11:44**	9.1	**4:58**	-0.2	**5:39**	-1.2	7:13	4:22	
5	Sat	**11:59**	10.5			**5:50**	-0.3	**6:28**	-1.1	7:13	4:23	
6	Sun	**12:33**	9.1	**12:48**	10.2	**6:41**	-0.2	**7:15**	-0.9	7:13	4:24	
7	Mon	**1:21**	9.2	**1:37**	9.9	**7:31**	-0.1	**8:02**	-0.6	7:13	4:25	
8	Tue	**2:08**	9.1	**2:25**	9.4	**8:21**	0.1	**8:48**	-0.3	7:12	4:26	
9	Wed	**2:55**	9.0	**3:13**	8.9	**9:11**	0.3	**9:35**	0.1	7:12	4:28	
10	Thu	**3:42**	8.9	**4:03**	8.5	**10:02**	0.5	**10:22**	0.5	7:12	4:29	
11	Fri	**4:31**	8.8	**4:55**	8.0	**10:55**	0.7	**11:12**	0.8	7:12	4:30	
12	Sat	**5:22**	8.6	**5:49**	7.7	**11:50**	0.9			7:11	4:31	
13	Sun	**6:14**	8.6	**6:45**	7.4	**12:04**	1.1	**12:45**	0.9	7:11	4:32	
14	Mon	**7:07**	8.6	**7:39**	7.3	**12:57**	1.3	**1:39**	0.9	7:10	4:33	
15	Tue	**7:58**	8.6	**8:31**	7.3	**1:48**	1.4	**2:31**	0.8	7:10	4:34	
16	Wed	**8:48**	8.7	**9:21**	7.4	**2:38**	1.3	**3:21**	0.6	7:09	4:36	
17	Thu	**9:35**	8.9	**10:07**	7.6	**3:26**	1.3	**4:07**	0.4	7:09	4:37	
18	Fri	**10:19**	9.1	**10:50**	7.9	**4:12**	1.1	**4:50**	0.2	7:08	4:38	
19	Sat	**11:01**	9.3	**11:31**	8.2	**4:56**	0.9	**5:31**	0.0	7:08	4:39	
20	Sun	**11:43**	9.5			**5:38**	0.6	**6:12**	-0.2	7:07	4:40	
21	Mon	**12:12**	8.5	**12:26**	9.6	**6:21**	0.4	**6:52**	-0.4	7:06	4:42	
22	Tue	**12:54**	8.9	**1:10**	9.6	**7:06**	0.1	**7:34**	-0.4	7:06	4:43	
23	Wed	**1:39**	9.2	**1:58**	9.6	**7:53**	-0.1	**8:18**	-0.5	7:05	4:44	
24	Thu	**2:25**	9.5	**2:47**	9.4	**8:43**	-0.2	**9:05**	-0.4	7:04	4:45	
25	Fri	**3:15**	9.7	**3:40**	9.1	**9:37**	-0.3	**9:56**	-0.2	7:03	4:47	
26	Sat	**4:08**	9.8	**4:37**	8.8	**10:35**	-0.3	**10:52**	0.0	7:02	4:48	
27	Sun	**5:05**	9.9	**5:38**	8.5	**11:36**	-0.2	**11:51**	0.2	7:01	4:49	
28	Mon	**6:05**	9.9	**6:41**	8.3			**12:39**	-0.3	7:01	4:51	
29	Tue	**7:06**	9.9	**7:44**	8.3	**12:53**	0.3	**1:41**	-0.4	7:00	4:52	
30	Wed	**8:08**	10.0	**8:46**	8.4	**1:54**	0.3	**2:42**	-0.5	6:59	4:53	
31	Thu	**9:07**	10.1	**9:44**	8.6	**2:54**	0.2	**3:39**	-0.6	6:58	4:55	