US HARBORS www.USHarbors.com

Plum Island Sound, South End, MA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**12:12**	9.3	**12:43**	8.0	**6:44**	0.5	**6:48**	1.3	5:09	8:25	
2	Tue	**12:52**	9.4	**1:23**	8.2	**7:23**	0.4	**7:29**	1.2	5:09	8:24	
3	Wed	**1:33**	9.4	**2:04**	8.4	**8:03**	0.3	**8:11**	1.1	5:10	8:24	
4	Thu	**2:15**	9.4	**2:46**	8.6	**8:43**	0.2	**8:56**	0.9	5:10	8:24	
5	Fri	**2:59**	9.4	**3:30**	8.9	**9:25**	0.2	**9:43**	0.8	5:11	8:24	
6	Sat	**3:46**	9.3	**4:17**	9.2	**10:09**	0.2	**10:33**	0.7	5:12	8:23	
7	Sun	**4:36**	9.1	**5:06**	9.4	**10:56**	0.3	**11:28**	0.5	5:12	8:23	
8	Mon	**5:30**	8.9	**5:59**	9.6	**11:47**	0.4			5:13	8:23	
9	Tue	**6:27**	8.7	**6:55**	9.9	**12:26**	0.4	**12:42**	0.5	5:14	8:22	
10	Wed	**7:27**	8.6	**7:53**	10.1	**1:26**	0.1	**1:39**	0.5	5:14	8:22	
11	Thu	**8:28**	8.6	**8:51**	10.4	**2:27**	-0.1	**2:38**	0.4	5:15	8:21	
12	Fri	**9:28**	8.7	**9:49**	10.6	**3:26**	-0.4	**3:36**	0.3	5:16	8:21	
13	Sat	**10:27**	8.9	**10:46**	10.8	**4:24**	-0.6	**4:34**	0.1	5:17	8:20	
14	Sun	**11:23**	9.1	**11:41**	10.9	**5:19**	-0.9	**5:30**	-0.1	5:18	8:20	
15	Mon			**12:16**	9.3	**6:12**	-1.0	**6:24**	-0.2	5:18	8:19	
16	Tue	**12:34**	10.8	**1:07**	9.5	**7:02**	-1.0	**7:16**	-0.3	5:19	8:18	
17	Wed	**1:25**	10.7	**1:57**	9.6	**7:51**	-0.9	**8:08**	-0.2	5:20	8:18	
18	Thu	**2:15**	10.3	**2:46**	9.6	**8:39**	-0.7	**9:00**	-0.1	5:21	8:17	
19	Fri	**3:05**	9.9	**3:34**	9.6	**9:27**	-0.4	**9:51**	0.1	5:22	8:16	
20	Sat	**3:55**	9.4	**4:23**	9.4	**10:14**	0.0	**10:43**	0.4	5:23	8:15	
21	Sun	**4:45**	8.9	**5:12**	9.3	**11:03**	0.4	**11:36**	0.6	5:24	8:15	
22	Mon	**5:37**	8.4	**6:03**	9.1	**11:53**	0.8			5:25	8:14	
23	Tue	**6:31**	8.0	**6:56**	8.9	**12:30**	0.8	**12:45**	1.1	5:26	8:13	
24	Wed	**7:26**	7.7	**7:49**	8.8	**1:26**	1.0	**1:38**	1.4	5:27	8:12	
25	Thu	**8:21**	7.6	**8:41**	8.8	**2:21**	1.0	**2:30**	1.5	5:28	8:11	
26	Fri	**9:14**	7.5	**9:31**	8.9	**3:14**	1.0	**3:21**	1.5	5:29	8:10	
27	Sat	**10:04**	7.6	**10:19**	9.0	**4:04**	0.9	**4:10**	1.5	5:30	8:09	
28	Sun	**10:51**	7.7	**11:04**	9.1	**4:51**	0.8	**4:57**	1.4	5:31	8:08	
29	Mon	**11:34**	7.9	**11:47**	9.3	**5:35**	0.6	**5:41**	1.2	5:32	8:07	
30	Tue			**12:15**	8.2	**6:16**	0.4	**6:23**	1.0	5:33	8:06	
31	Wed	**12:28**	9.4	**12:55**	8.5	**6:55**	0.3	**7:05**	0.8	5:34	8:05	