




























Plum Island Sound, South End, MA - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:19	9.3	5:45	8.3	11:43	0.3			7:13	4:20	
2	Thu	6:14	9.1	6:44	8.0	12:01	0.4	12:41	0.4	7:13	4:20	
3	Fri	7:09	9.0	7:40	7.7	12:55	0.7	1:37	0.5	7:13	4:21	
4	Sat	8:01	8.9	8:34	7.6	1:48	1.0	2:31	0.5	7:13	4:22	
5	Sun	8:50	8.9	9:23	7.6	2:38	1.1	3:21	0.5	7:13	4:23	
6	Mon	9:37	8.9	10:09	7.6	3:27	1.1	4:07	0.4	7:13	4:24	
7	Tue	10:20	9.0	10:50	7.7	4:12	1.1	4:50	0.4	7:13	4:25	
8	Wed	11:00	9.1	11:29	7.8	4:54	1.1	5:30	0.3	7:12	4:26	
9	Thu	11:39	9.1			5:35	1.0	6:09	0.2	7:12	4:27	
10	Fri	12:08	8.0	12:19	9.1	6:15	0.9	6:47	0.2	7:12	4:28	
11	Sat	12:47	8.2	12:59	9.1	6:56	0.8	7:26	0.1	7:12	4:29	
12	Sun	1:27	8.4	1:41	9.1	7:38	0.7	8:06	0.1	7:11	4:31	
13	Mon	2:09	8.6	2:25	9.0	8:22	0.6	8:47	0.2	7:11	4:32	
14	Tue	2:54	8.8	3:13	8.8	9:10	0.5	9:32	0.2	7:11	4:33	
15	Wed	3:41	9.0	4:03	8.6	10:01	0.5	10:20	0.4	7:10	4:34	
16	Thu	4:31	9.2	4:59	8.4	10:57	0.4	11:13	0.5	7:10	4:35	
17	Fri	5:26	9.4	5:57	8.3	11:56	0.2			7:09	4:36	
18	Sat	6:24	9.6	6:58	8.2	12:10	0.5	12:57	0.0	7:08	4:38	
19	Sun	7:22	9.9	7:58	8.4	1:09	0.4	1:57	-0.3	7:08	4:39	
20	Mon	8:21	10.2	8:58	8.6	2:09	0.2	2:56	-0.7	7:07	4:40	
21	Tue	9:19	10.5	9:55	8.9	3:07	-0.1	3:52	-1.0	7:07	4:41	
22	Wed	10:15	10.7	10:50	9.3	4:04	-0.4	4:46	-1.3	7:06	4:43	
23	Thu	11:09	10.8	11:41	9.6	4:59	-0.6	5:37	-1.4	7:05	4:44	
24	Fri			12:00	10.7	5:52	-0.8	6:26	-1.5	7:04	4:45	
25	Sat	12:32	9.8	12:51	10.5	6:44	-0.9	7:15	-1.3	7:03	4:46	
26	Sun	1:21	9.9	1:42	10.1	7:36	-0.8	8:03	-1.0	7:03	4:48	
27	Mon	2:10	9.8	2:32	9.6	8:28	-0.6	8:51	-0.7	7:02	4:49	
28	Tue	2:59	9.7	3:23	9.1	9:20	-0.3	9:40	-0.2	7:01	4:50	
29	Wed	3:49	9.4	4:15	8.6	10:13	0.0	10:31	0.3	7:00	4:52	
30	Thu	4:41	9.2	5:09	8.1	11:08	0.4	11:24	0.7	6:59	4:53	
31	Fri	5:35	8.9	6:05	7.7			12:04	0.6	6:58	4:54	