



Plum Island Sound, South End, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:00	10.2	11:32	8.9	4:53	0.3	5:31	-0.8	7:13	4:20	☀
2	Sun	11:47	10.4			5:40	0.0	6:17	-1.0	7:13	4:21	☀
3	Mon	12:20	9.2	12:35	10.6	6:28	-0.2	7:04	-1.2	7:13	4:22	☀
4	Tue	1:08	9.5	1:26	10.6	7:19	-0.4	7:53	-1.3	7:13	4:23	☀
5	Wed	1:59	9.7	2:18	10.4	8:13	-0.6	8:44	-1.2	7:13	4:24	☀
6	Thu	2:52	9.9	3:13	10.1	9:09	-0.6	9:37	-1.0	7:13	4:25	☀
7	Fri	3:46	10.0	4:10	9.6	10:07	-0.5	10:32	-0.7	7:13	4:26	☀
8	Sat	4:43	10.0	5:10	9.2	11:08	-0.4	11:30	-0.4	7:12	4:27	☀
9	Sun	5:42	9.9	6:13	8.8			12:10	-0.4	7:12	4:28	☀
10	Mon	6:42	9.9	7:15	8.6	12:29	-0.1	1:11	-0.3	7:12	4:29	☀
11	Tue	7:41	9.8	8:16	8.4	1:27	0.1	2:11	-0.3	7:11	4:30	☀
12	Wed	8:38	9.8	9:13	8.3	2:24	0.2	3:08	-0.3	7:11	4:31	☀
13	Thu	9:32	9.7	10:06	8.3	3:19	0.3	4:01	-0.3	7:11	4:32	☀
14	Fri	10:21	9.7	10:54	8.3	4:10	0.4	4:49	-0.3	7:10	4:33	☀
15	Sat	11:07	9.6	11:37	8.3	4:58	0.4	5:33	-0.3	7:10	4:35	☀
16	Sun	11:49	9.4			5:42	0.5	6:15	-0.2	7:09	4:36	☀
17	Mon	12:17	8.4	12:29	9.3	6:25	0.5	6:55	-0.1	7:09	4:37	☀
18	Tue	12:57	8.4	1:10	9.1	7:07	0.6	7:35	0.1	7:08	4:38	☀
19	Wed	1:37	8.4	1:51	8.9	7:50	0.7	8:16	0.2	7:07	4:40	☀
20	Thu	2:18	8.5	2:34	8.7	8:34	0.7	8:58	0.4	7:07	4:41	☀
21	Fri	3:01	8.5	3:20	8.4	9:20	0.8	9:42	0.6	7:06	4:42	☀
22	Sat	3:47	8.5	4:08	8.2	10:09	0.9	10:28	0.8	7:05	4:43	☀
23	Sun	4:35	8.5	4:59	7.9	11:01	0.9	11:17	1.0	7:05	4:45	☀
24	Mon	5:26	8.6	5:53	7.7	11:55	0.9			7:04	4:46	☀
25	Tue	6:18	8.6	6:49	7.6	12:09	1.1	12:50	0.8	7:03	4:47	☀
26	Wed	7:11	8.8	7:43	7.7	1:02	1.1	1:45	0.6	7:02	4:48	☀
27	Thu	8:04	9.1	8:37	7.9	1:55	1.0	2:38	0.3	7:01	4:50	☀
28	Fri	8:56	9.5	9:29	8.3	2:47	0.7	3:29	-0.1	7:00	4:51	☀
29	Sat	9:47	9.9	10:20	8.7	3:39	0.4	4:19	-0.6	6:59	4:52	☀
30	Sun	10:38	10.3	11:09	9.2	4:30	-0.1	5:07	-1.0	6:58	4:54	☀
31	Mon	11:27	10.6	11:58	9.7	5:20	-0.5	5:54	-1.3	6:57	4:55	☀