


































Plum Island Sound, South End, MA - Jan 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 3:19 | 8.4 | 3:34 | 8.7 | 9:31 | 0.9 | 9:59 | 0.4 | 7:13 | 4:20 |  |
| 2 | Fri | 4:07 | 8.4 | 4:25 | 8.2 | 10:24 | 1.0 | 10:47 | 0.7 | 7:13 | 4:20 |  |
| 3 | Sat | 4:56 | 8.4 | 5:19 | 7.9 | 11:18 | 1.1 | 11:37 | 1.1 | 7:13 | 4:21 |  |
| 4 | Sun | 5:47 | 8.4 | 6:14 | 7.5 | | | 12:13 | 1.1 | 7:13 | 4:22 |  |
| 5 | Mon | 6:38 | 8.4 | 7:08 | 7.3 | 12:28 | 1.3 | 1:08 | 1.0 | 7:13 | 4:23 |  |
| 6 | Tue | 7:28 | 8.5 | 8:01 | 7.3 | 1:18 | 1.5 | 2:01 | 0.9 | 7:13 | 4:24 |  |
| 7 | Wed | 8:17 | 8.6 | 8:52 | 7.2 | 2:08 | 1.6 | 2:52 | 0.8 | 7:13 | 4:25 |  |
| 8 | Thu | 9:04 | 8.7 | 9:40 | 7.3 | 2:56 | 1.6 | 3:40 | 0.6 | 7:12 | 4:26 |  |
| 9 | Fri | 9:50 | 8.9 | 10:25 | 7.4 | 3:42 | 1.5 | 4:26 | 0.4 | 7:12 | 4:27 |  |
| 10 | Sat | 10:34 | 9.2 | 11:08 | 7.6 | 4:27 | 1.3 | 5:09 | 0.2 | 7:12 | 4:28 |  |
| 11 | Sun | 11:17 | 9.4 | 11:50 | 7.9 | 5:09 | 1.1 | 5:51 | 0.0 | 7:12 | 4:30 |  |
| 12 | Mon | | | 12:00 | 9.6 | 5:52 | 0.9 | 6:32 | -0.2 | 7:11 | 4:31 |  |
| 13 | Tue | 12:33 | 8.2 | 12:44 | 9.7 | 6:36 | 0.7 | 7:14 | -0.3 | 7:11 | 4:32 |  |
| 14 | Wed | 1:17 | 8.5 | 1:30 | 9.7 | 7:23 | 0.5 | 7:58 | -0.4 | 7:10 | 4:33 |  |
| 15 | Thu | 2:03 | 8.8 | 2:19 | 9.6 | 8:12 | 0.3 | 8:44 | -0.4 | 7:10 | 4:34 |  |
| 16 | Fri | 2:51 | 9.1 | 3:11 | 9.4 | 9:05 | 0.1 | 9:32 | -0.3 | 7:09 | 4:35 |  |
| 17 | Sat | 3:41 | 9.4 | 4:05 | 9.0 | 10:02 | 0.0 | 10:23 | -0.1 | 7:09 | 4:37 |  |
| 18 | Sun | 4:35 | 9.6 | 5:04 | 8.6 | 11:01 | -0.1 | 11:18 | 0.2 | 7:08 | 4:38 |  |
| 19 | Mon | 5:32 | 9.7 | 6:06 | 8.3 | | | 12:04 | -0.1 | 7:08 | 4:39 |  |
| 20 | Tue | 6:31 | 9.8 | 7:09 | 8.1 | 12:17 | 0.4 | 1:06 | -0.2 | 7:07 | 4:40 |  |
| 21 | Wed | 7:31 | 9.9 | 8:11 | 8.0 | 1:17 | 0.5 | 2:08 | -0.3 | 7:06 | 4:41 |  |
| 22 | Thu | 8:31 | 9.9 | 9:12 | 8.0 | 2:17 | 0.6 | 3:08 | -0.4 | 7:06 | 4:43 |  |
| 23 | Fri | 9:29 | 10.0 | 10:09 | 8.1 | 3:15 | 0.5 | 4:05 | -0.5 | 7:05 | 4:44 |  |
| 24 | Sat | 10:24 | 10.0 | 11:01 | 8.2 | 4:11 | 0.4 | 4:57 | -0.5 | 7:04 | 4:45 |  |
| 25 | Sun | 11:15 | 9.9 | 11:49 | 8.4 | 5:03 | 0.4 | 5:45 | -0.5 | 7:03 | 4:47 |  |
| 26 | Mon | | | 12:02 | 9.8 | 5:53 | 0.3 | 6:30 | -0.4 | 7:02 | 4:48 |  |
| 27 | Tue | 12:34 | 8.5 | 12:47 | 9.5 | 6:40 | 0.3 | 7:13 | -0.3 | 7:02 | 4:49 |  |
| 28 | Wed | 1:17 | 8.5 | 1:32 | 9.2 | 7:26 | 0.4 | 7:56 | 0.0 | 7:01 | 4:50 |  |
| 29 | Thu | 2:00 | 8.6 | 2:16 | 8.9 | 8:12 | 0.5 | 8:37 | 0.2 | 7:00 | 4:52 |  |
| 30 | Fri | 2:42 | 8.6 | 3:00 | 8.5 | 8:59 | 0.6 | 9:20 | 0.5 | 6:59 | 4:53 |  |
| 31 | Sat | 3:26 | 8.5 | 3:47 | 8.1 | 9:46 | 0.8 | 10:04 | 0.9 | 6:58 | 4:54 |  |