

































## Plum Island Sound, South End, MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:54	8.7	7:22	9.8	12:52	0.5	1:09	0.5	5:09	8:25	
2	Thu	7:55	8.6	8:18	10.1	1:53	0.2	2:05	0.6	5:09	8:25	
3	Fri	8:55	8.5	9:15	10.4	2:52	-0.1	3:02	0.6	5:10	8:24	
4	Sat	9:54	8.5	10:12	10.6	3:51	-0.4	3:58	0.5	5:10	8:24	
5	Sun	10:52	8.6	11:08	10.7	4:48	-0.6	4:54	0.4	5:11	8:24	
6	Mon	11:47	8.7			5:43	-0.8	5:49	0.3	5:12	8:24	
7	Tue	12:02	10.8	12:40	8.8	6:36	-0.8	6:43	0.3	5:12	8:23	
8	Wed	12:54	10.7	1:31	8.9	7:26	-0.8	7:35	0.3	5:13	8:23	
9	Thu	1:45	10.5	2:21	8.9	8:16	-0.6	8:27	0.4	5:14	8:22	
10	Fri	2:36	10.1	3:10	8.9	9:04	-0.4	9:19	0.5	5:14	8:22	
11	Sat	3:26	9.7	3:59	8.9	9:52	-0.1	10:12	0.7	5:15	8:21	
12	Sun	4:16	9.2	4:47	8.9	10:39	0.3	11:04	0.9	5:16	8:21	
13	Mon	5:07	8.7	5:37	8.8	11:27	0.7	11:58	1.0	5:17	8:20	
14	Tue	6:00	8.2	6:27	8.7			12:17	1.1	5:17	8:20	
15	Wed	6:54	7.9	7:18	8.7	12:53	1.1	1:07	1.4	5:18	8:19	
16	Thu	7:49	7.6	8:09	8.7	1:48	1.1	1:59	1.6	5:19	8:18	
17	Fri	8:43	7.4	8:59	8.7	2:42	1.1	2:49	1.7	5:20	8:18	
18	Sat	9:35	7.4	9:48	8.8	3:34	1.1	3:39	1.8	5:21	8:17	
19	Sun	10:25	7.4	10:35	8.9	4:24	1.0	4:27	1.7	5:22	8:16	
20	Mon	11:11	7.5	11:20	9.1	5:10	0.8	5:12	1.6	5:23	8:15	
21	Tue	11:54	7.7			5:54	0.7	5:55	1.5	5:24	8:15	
22	Wed	12:02	9.3	12:35	7.9	6:36	0.5	6:38	1.3	5:25	8:14	
23	Thu	12:44	9.5	1:16	8.2	7:16	0.3	7:20	1.1	5:26	8:13	
24	Fri	1:26	9.6	1:58	8.5	7:56	0.1	8:04	0.9	5:27	8:12	
25	Sat	2:10	9.6	2:41	8.8	8:37	0.0	8:51	0.6	5:27	8:11	
26	Sun	2:56	9.6	3:26	9.2	9:20	0.0	9:40	0.4	5:28	8:10	
27	Mon	3:45	9.4	4:14	9.5	10:05	0.1	10:33	0.3	5:29	8:09	
28	Tue	4:37	9.2	5:05	9.7	10:53	0.2	11:30	0.2	5:30	8:08	
29	Wed	5:33	8.8	5:59	9.9	11:46	0.4			5:31	8:07	
30	Thu	6:32	8.5	6:57	10.0	12:30	0.1	12:43	0.6	5:32	8:06	
31	Fri	7:34	8.3	7:57	10.1	1:32	0.0	1:43	0.7	5:34	8:05	