

































Plum Island Sound, South End, MA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:09	9.1	6:49	7.6			12:44	0.5	6:17	5:32	
2	Fri	7:11	8.9	7:50	7.5	12:56	1.1	1:44	0.6	6:16	5:33	
3	Sat	8:11	8.7	8:47	7.6	1:56	1.2	2:41	0.7	6:14	5:35	
4	Sun	9:05	8.7	9:37	7.7	2:51	1.2	3:32	0.7	6:13	5:36	
5	Mon	9:53	8.7	10:21	7.9	3:42	1.1	4:17	0.7	6:11	5:37	
6	Tue	10:36	8.7	10:59	8.1	4:27	0.9	4:56	0.6	6:09	5:38	
7	Wed	11:15	8.7	11:34	8.3	5:09	0.8	5:33	0.6	6:07	5:40	
8	Thu	11:52	8.6			5:48	0.6	6:09	0.7	6:06	5:41	
9	Fri	12:09	8.6	12:29	8.6	6:27	0.5	6:44	0.7	6:04	5:42	
10	Sat	12:45	8.7	1:07	8.5	7:06	0.4	7:20	0.8	6:02	5:43	
11	Sun	1:22	8.9	2:47	8.4	8:45	0.4	8:58	0.9	7:01	6:44	
12	Mon	3:02	9.0	3:30	8.2	9:28	0.4	9:37	1.1	6:59	6:46	
13	Tue	3:45	9.0	4:16	8.0	10:13	0.5	10:21	1.2	6:57	6:47	
14	Wed	4:32	9.0	5:06	7.8	11:03	0.6	11:10	1.4	6:55	6:48	
15	Thu	5:24	8.9	6:01	7.6	11:59	0.7			6:54	6:49	
16	Fri	6:22	9.0	7:01	7.6	12:07	1.4	12:59	0.7	6:52	6:50	
17	Sat	7:22	9.1	8:01	7.9	1:09	1.3	1:59	0.5	6:50	6:51	
18	Sun	8:23	9.3	9:00	8.3	2:12	1.0	2:57	0.2	6:49	6:53	
19	Mon	9:23	9.6	9:56	8.9	3:12	0.6	3:52	-0.1	6:47	6:54	
20	Tue	10:20	9.9	10:50	9.5	4:11	0.0	4:45	-0.5	6:45	6:55	
21	Wed	11:15	10.1	11:40	10.1	5:06	-0.6	5:35	-0.7	6:43	6:56	
22	Thu			12:07	10.2	6:00	-1.1	6:23	-0.9	6:41	6:57	
23	Fri	12:29	10.6	12:58	10.2	6:51	-1.4	7:11	-0.9	6:40	6:58	
24	Sat	1:18	10.8	1:48	9.9	7:42	-1.5	7:59	-0.7	6:38	7:00	
25	Sun	2:07	10.9	2:39	9.6	8:34	-1.4	8:48	-0.4	6:36	7:01	
26	Mon	2:57	10.7	3:31	9.2	9:26	-1.0	9:39	0.0	6:34	7:02	
27	Tue	3:49	10.3	4:24	8.7	10:19	-0.6	10:33	0.5	6:33	7:03	
28	Wed	4:43	9.8	5:19	8.2	11:15	-0.1	11:29	0.9	6:31	7:04	
29	Thu	5:40	9.3	6:18	7.9			12:13	0.4	6:29	7:05	
30	Fri	6:40	8.9	7:20	7.7	12:28	1.2	1:13	0.7	6:27	7:07	
31	Sat	7:41	8.6	8:19	7.7	1:29	1.4	2:12	0.9	6:26	7:08	