

































Plum Island Sound, South End, MA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:54	10.2	3:29	9.0	9:23	-0.5	9:38	0.5	5:09	8:25	
2	Sun	3:44	9.7	4:18	8.9	10:12	-0.1	10:30	0.8	5:10	8:24	
3	Mon	4:34	9.3	5:08	8.8	11:00	0.2	11:24	1.0	5:10	8:24	
4	Tue	5:26	8.8	5:59	8.7	11:50	0.6			5:11	8:24	
5	Wed	6:20	8.4	6:51	8.7	12:18	1.1	12:41	0.9	5:11	8:24	
6	Thu	7:15	8.1	7:42	8.7	1:14	1.1	1:32	1.1	5:12	8:23	
7	Fri	8:09	7.9	8:32	8.8	2:08	1.1	2:23	1.3	5:13	8:23	
8	Sat	9:01	7.8	9:20	8.9	3:00	1.0	3:12	1.4	5:14	8:22	
9	Sun	9:51	7.8	10:07	9.0	3:51	0.9	3:59	1.4	5:14	8:22	
10	Mon	10:39	7.8	10:51	9.2	4:38	0.7	4:45	1.4	5:15	8:22	
11	Tue	11:24	7.9	11:34	9.3	5:24	0.5	5:29	1.3	5:16	8:21	
12	Wed			12:06	8.1	6:07	0.4	6:11	1.2	5:17	8:20	
13	Thu	12:16	9.5	12:48	8.2	6:48	0.2	6:53	1.1	5:17	8:20	
14	Fri	12:58	9.7	1:31	8.5	7:30	0.0	7:36	0.9	5:18	8:19	
15	Sat	1:42	9.8	2:15	8.7	8:13	-0.1	8:22	0.7	5:19	8:19	
16	Sun	2:28	9.9	3:01	9.0	8:57	-0.2	9:10	0.5	5:20	8:18	
17	Mon	3:16	9.9	3:49	9.3	9:43	-0.3	10:02	0.4	5:21	8:17	
18	Tue	4:07	9.7	4:40	9.5	10:32	-0.2	10:58	0.3	5:22	8:16	
19	Wed	5:02	9.5	5:34	9.7	11:23	-0.1	11:56	0.1	5:23	8:16	
20	Thu	5:59	9.3	6:30	9.9			12:19	0.0	5:24	8:15	
21	Fri	7:00	9.0	7:28	10.1	12:57	0.0	1:16	0.1	5:25	8:14	
22	Sat	8:01	8.9	8:27	10.3	1:59	-0.2	2:14	0.2	5:25	8:13	
23	Sun	9:02	8.8	9:25	10.4	2:59	-0.4	3:12	0.2	5:26	8:12	
24	Mon	10:02	8.8	10:22	10.5	3:58	-0.5	4:09	0.2	5:27	8:11	
25	Tue	10:59	8.9	11:16	10.6	4:54	-0.7	5:04	0.2	5:28	8:10	
26	Wed	11:52	8.9			5:47	-0.7	5:57	0.1	5:29	8:09	
27	Thu	12:07	10.5	12:41	9.0	6:37	-0.7	6:47	0.2	5:30	8:08	
28	Fri	12:56	10.3	1:28	9.0	7:24	-0.6	7:36	0.2	5:31	8:07	
29	Sat	1:43	10.1	2:14	9.0	8:10	-0.4	8:24	0.4	5:32	8:06	
30	Sun	2:29	9.8	2:59	8.9	8:55	-0.1	9:11	0.5	5:33	8:05	
31	Mon	3:15	9.4	3:44	8.9	9:39	0.2	9:59	0.7	5:34	8:04	